



### COMMUNITY CAMPUS

We'll have further Community Campus Consultations this fall – stay tuned for more info!



### CANADA DAY

Join us on Canada Day! All are welcome. Check out page 10 for the full schedule.



### KEEP UP-TO-DATE

Stay in the know by following us on Facebook and Twitter and subscribing to our e-news.



# TownTalk

BUILDING THE BEST COMMUNITY POSSIBLE

[WWW.TOWNOFSTRATFORD.CA](http://WWW.TOWNOFSTRATFORD.CA)

JUNE 2019 EDITION



## SUMMER IN *Stratford*

TIME TO STEP OUTSIDE AND ENJOY OUR MANY BEAUTIFUL PARKS AND WALKING TRAILS!



# MAYOR'S MESSAGE



## Welcome to summer in Stratford!

Looking back over the past several months, Council and I have been busy working to make Stratford the best community possible. We are very pleased to report that the 2019-20 budget has been completed with no tax increase although it was very challenging to do. Going forward we will be discussing with the new provincial government a model to achieve fair and predictable funding which recognizes Stratford's unprecedented growth rate and the resulting need to provide programs, services and infrastructure in the fastest growing town on PEI.

I am very proud to report that the new Emergency Services Facility is progressing well and is on track to be operational later this year. Applications for federal and provincial funding for all major Town capital projects have been submitted, including a proposal for a multi-use facility and our fingers are crossed that we will receive positive response to these applications over the summer!

A lot of development activity continues in the Town this year. One of our major challenges is to balance construction with maintaining quality of life for residents and appropriate environmental protection. Staff, Council and I are fully cognizant of these important considerations and are working with developers, the Stratford Area Watershed Improvement Group (SAWIG) and provincial authorities to ensure appropriate measures are put in place and respected.

The Town is particularly focused at this time on increasing affordable housing within Stratford and promoting sustainable subdivision developments. We have been working with developers, the Canada Mortgage and Housing Corporation, the Atlantic Canada Opportunities Agency, and others to move forward on affordable housing initiatives. Council has approved a property tax rebate and other incentives to encourage developers to undertake affordable housing initiatives.

As a valuable part of our growth, the Town continues to welcome newcomers who add so much to the texture and richness of the social and economic fabric of Stratford. With many ongoing measures in place, we are also pursuing funding for infrastructure to ensure all residents, both new and long-term, feel connected to our community, are able to mark cultural special occasions and are included in all Town events and activities.

Staff, Council and I are looking forward to the summer and especially to one of the highlights of the season: Stratford's celebration of our great country on July 1st. There will be music, cultural and artistic displays, bouncy castles, food, refreshments and, of course, ice cream scooped and served personally by your Mayor and Councillors. Hope to see you there!

Enjoy a fun, safe and relaxing summer in Stratford!

Sincerely,

**Mayor Steve Ogden**



*Imagine that!*

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## FREQUENTLY CALLED NUMBERS

### PEI DEPARTMENT OF TRANSPORTATION, INFRASTRUCTURE AND ENERGY

Snow plow damage, culverts in driveways, potholes, storm water drainage and catch basins.

902-368-4770

### PEI HUMANE SOCIETY

Nuisance dog or cat issues.

902-892-1190 or 902-892-1191

### IWMC

Questions on pick up days, sorting, etc.

1-888-280-8111

### MARITIME ELECTRIC

Streetlight out, damaged or is staying on.

1-800-670-1012 or email

customerservice@maritimeelectric.com

### WATER METER INSTALLATIONS

please call the Town of Stratford at (902) 569-4662

### PROPERTY AND LAND TAX OFFICE

The Town of Stratford does not take payment for property taxes. Please call (902) 368-4070 for more information.

The Town of Stratford does not remove nuisance animals. Issues in this regard are the homeowners responsibility and can be directed to a licensed pest control company for assistance.

If you would like to request an additional street light on your street please submit your request in writing to the Town of Stratford.

## INFRASTRUCTURE DEPARTMENT

### > Utility Projects

The Utility is currently extending sewer and water services on Michael Thomas Way along the waterfront. This project began in May and is expected to be completed by mid-July. In April, the Town of Stratford applied for provincial funding to complete several Utility projects over the next two years but will not have confirmation on project approvals until the fall. Depending on the timing, we will hope to have this information for our September Town Talk.

### > Waste Water Delivery System

This project has been tendered in 6 phases. At the time of writing this we are awaiting tender prices on the phase of work across the bridge span. When these tenders are received the Utility will determine how the numbers fit into the overall project budget and, if within budget, the plan is to complete the first five phases in 2019 and the final phase in 2020.

### > New Developments

There have been several subdivision developments that the Utility has provided comment on but a final decision has not been made yet by developers whether construction will take place this year.

### > Water Metering

Water metering continues to be well received by most residents. While we wait for a year's worth of data to be able to make a determination on overall potential reductions in water use, we are pleased with the initial indications we are seeing. We remind residents to monitor their own household use and to regularly check their own water meters to ensure that no leaks have started. If the water tap icon on the meter is flashing or staying on, begin by investigating potential leaking toilets and taps in the home. Leaking toilets are the number one reason for increased water consumption and unchecked (unknown) leaks can increase quarterly bills by hundreds of dollars if a toilet is leaking continuously. We also encourage residents to install low flow toilets and faucets. At the time of writing,

our toilet rebate program remains open but is limited on a first come basis. Visit [www.townofstratford.ca](http://www.townofstratford.ca) for more information. Generally residents tend to use more water in the summer months so please be water conscious and continue to monitor your water meters.

### > Storm Water Infiltration

Staff are in the process of installing 500 water catch trays under our sewer manhole covers. These trays are designed to keep a large percentage of storm water out of the sewer system which normally contributes to overloading our waste water treatment plant. Please note that in accordance with the Town's bylaw it is illegal to discharge any storm water, surface water, roof run-off, surface drainage, subsurface drainage, foundation drainage or water used for heating or cooling into our sewer system. This includes sump pumps. If you have any questions please contact us at (902) 569-4662.

### > Public Works

#### Maintenance

Staff have completed cleanup around our properties and are now busy with sidewalk cleaning, grass cutting, installing temporary speed humps, maintaining trails, and other regular and seasonal duties.

#### Crosswalks

Crosswalk flags were installed on the Bunbury Road at the Horton Drive/Bunbury Mall crosswalk and at Cotton Park crosswalk, and more recently by the Bunbury/Mason Road intersection. Another set is installed on the Stratford Road at Southport Drive. Pedestrians should simply take a flag from the holder and wave it until traffic has stopped in both directions, then cross the street and place the flag in the holder on the other side of the crosswalk. A new crosswalk, with flags, will also be installed this summer on Kinlock Road by JK Beauty Lane.

#### Trails

New trails will be installed this year from Calloway Close to Creekside Drive and from Williams Gate to the existing park and bike trails will be constructed in

# INFRASTRUCTURE DEPARTMENT

Fullerton's Creek Conservation Park. We are also exploring adding more temporary trail routes to allow us to join subdivisions and make our trail system more fluid. These trails are typically installed on private property with the landowners' permission. As they are temporary, these trails may be grassed, wooded, graveled or wood chipped until the final location is determined. We appreciate these landowners working with the Town to enhance our active transportation system.

## > Speed Signs

In our ongoing effort to reduce speeding in Stratford, the Town recently purchased six new speed radar signs which you will see located throughout Stratford this year. These signs will provide data to our Safety Services Committee to determine if there is in fact speeding, and if so, is it a significant overall speeding issue or refined to a few drivers in particular areas. If you observe speeding in our community, please contact the RCMP with as much detail as possible about the driver, vehicle and location.

## > Mason Road Roundabout & Stratford Emergency Services Facility (ESF)

Work is taking place on these two projects at the same time. The Emergency Services Facility is coming together quite nicely as the framework has been erected and contractors are working on the exterior finish. The work schedule was interrupted this winter with the frequent snow and cold temperatures but as the weather warms we expect contractors to catch up to the scheduled timelines and look forward the ESF opening later this year.

The Province of PEI is continuing with construction on the new roundabout at the intersection of the Mason Road and the Trans Canada Highway. This project involves realigning the entrance and exits to the roundabout from Hollis Avenue, Mason Road, Georgetown Road and Dale Drive. Work is planned to be completed in late 2019.

## > Town Roads Street & Ditch Infilling

All roads, streets and ditches in Stratford are owned by the Province of PEI. Provincial crews are already cleaning up from winter snowplow, salt and storm water damage. They are also busy patching potholes and installing or replacing culverts. **Please note that any request to infill your ditch or replace a culvert should be directed to the Provincial Department of Highways.**

## > Notice – Encroachment on Town Lands

The Town of Stratford has recently noticed, during routine inspections, that some property owners are encroaching on Town-owned properties. These encroachments may include:

- Buildings/Garages/Sheds (including those attached to a dwelling and/or fence)
- Fences
- Walkways and driveways
- Structures (decks, stairs, patios, planters etc.).
- Fill, berms, and retaining walls
- Swimming pools and hot tubs
- Shrubs, trees, gardens or other organic landscape materials
- Signs

These encroachments may restrict public access and enjoyment of Town lands and/or the Town's ability to maintain effective services. The Town will therefore be undertaking a program to mark the boundary lines between Town land and private property, with the placement of decorative posts/rope and/or trees and hedges, to ensure that further encroachments are minimized. We will also be directly contacting property owners who have encroached on Town land to remedy these occurrences. We understand that most of these encroachments were not intended and we appreciate the cooperation of property owners as we work through this process.



When playing, I can show road respect by:

Not playing on high traffic roads – only on my local neighborhood road or street.

Moving out of the way for cars and other vehicles using the road.

Not running into or across the road unexpectedly.

Looking out for everyone else - cars, cyclists, runners and walkers – and doing my part to share the road.



**SLOW DOWN**

**MOVE OVER**

**THINK OF OTHERS**



*Imagine that!*

## PLANNING, DEVELOPMENT AND HERITAGE

### DO YOU NEED A PERMIT?

Call the Town of Stratford to be safe. Staff can assist and advise you of the requirements before your project – big or small – begins!

### BUILDING INSPECTOR

Should you have any questions relating to building permits or the National Building Code, please contact our Planning Department at [Inspector@townofstratford.ca](mailto:Inspector@townofstratford.ca) or (902) 569-6255.



### > The Building Bylaw and National Building Code

In the spring of 2011, the Town of Stratford adopted the 2010 National Building Code of Canada (NBCC) through the creation of a new Building Bylaw. The Building Bylaw is enforced through scheduled inspections during construction at various stages of completion. These inspections will verify work against the approved submitted plans and against the NBCC.

Any new application for development shall require the following:

- Application Form
- Floor Plans
- Elevations
- Cross-sections
- Site Plan
- Utility Form
- Deposit
- Entrance Permit
- Truss Package
- Drainage Plan (see below)
- Applicant Authorization (see below)

The Planning Department also requires a grading plan to be submitted for new development. This grading plan should

be developed by a surveyor, professional engineer, or another qualified person. It should indicate the existing grade of the property, the elevation of the tops of foundations of adjacent structures, the ditch, the street, and the proposed top of elevation of the proposed development as well as the proposed flow of run-off once construction is complete.

If the person making an application for development is not the property owner, they must submit an Applicant Authorization Letter, in which the property owner identifies the authorized agent whom shall represent them on their behalf.

**To ensure that your permit is ready in time for your project start date, please submit your complete application as early as possible.**

A copy of the Building Bylaw, Application Forms, and Fee Schedule can be found on the Town's website ([www.townofstratford.ca](http://www.townofstratford.ca)) or you can pick up copies in person from the Town of Stratford Planning Department, located within Stratford Town Centre. If you have any questions, please do not hesitate to contact the Planning Department at (902) 569-6255.

### > Development Permits

To date 2019 has been an above-average year in terms of active development processing which continues to keep staff very busy. Since January of this year the Planning Department have issued a total of 38 development permits.

The following table shows a summary of development activities between January and April 2019:

#### SUMMARY OF DEVELOPMENT PERMIT January 2019 to April 30, 2019

	Permits	Estimated Value
Single Family Residential	9	4,934,000.00
Residential Additions or Renovations	7	610,000.00
Townhouse (20 total units)	4	4,500,000.00
Accessory Buildings	5	55,500.00
Commercial (new/renovations/alterations)	6	942,000.00
Institutional (renovation)	1	18,400.00
Signage	6	67,900.00
<b>Totals</b>	<b>38</b>	<b>11,127,800.00</b>



**Stay up to date on all the news, events and programs happening in the Town of Stratford.**

**Sign up for the Town of Stratford's bi-weekly email newsletter.**

To join our mailing list go to [www.townofstratford.ca](http://www.townofstratford.ca), click E-Services on the menu bar and then E-newsletter to add your e-mail address to our email newsletter.



Like us on Facebook  
[townofstratford](https://www.facebook.com/townofstratford)



Follow us on Twitter  
[@StratfordPEI](https://twitter.com/StratfordPEI)

# PLANNING, DEVELOPMENT AND HERITAGE

## > Deck Permit Requirements

Before commencing work on a deck project, you must make a development permit application to the Town of Stratford Planning Department. Applications are only accepted once all required documentation is submitted and the deposit is paid.

Required documentation includes:

- Application Form
- Letter of Authorization (if applicant is not the landowner)
- Site Plan, drawn to scale indicating:
  - Lot dimensions
  - Dimensions of all existing and proposed buildings and structures on the lot;
  - Setbacks of all existing and proposed buildings and Structures;
- Building Plans, drawn to scale, indicating:
  - Dimensions of structure;
  - Spacing and size of all structural members (joists, beams, posts, footings, etc.)
- Application fee: \$50

Development permits are only issued if they meet the requirements of the Town of Stratford's bylaws and when all applicable fees are paid in full. The permits are valid for a 24 month period, and are normally issued within seven (7) to ten (10) business days.

A copy of the Application Forms, Fee Schedule, and other relevant documents can be found on the Town's website ([www.TownofStratford.ca](http://www.TownofStratford.ca)) or you can pick up copies in person at the Town of Stratford Planning Department. If you have any questions, please do not hesitate to contact the Planning Department at (902) 569-6255.

## > Pool Permits are Mandatory

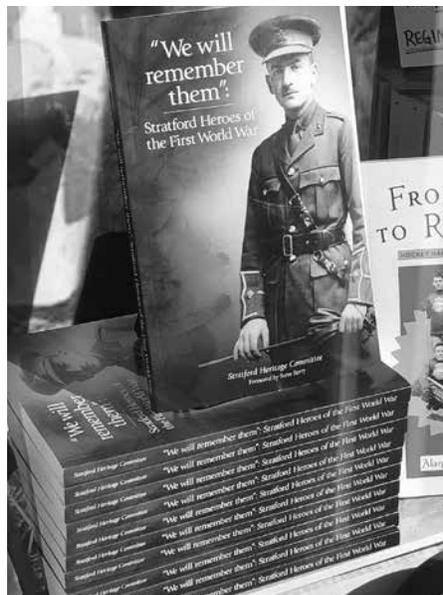
Swimming pools require a development permit to ensure safety measures are being applied. Any pool having a depth of 60 cm (approx. 24 inches) or more at

any point or with a surface area exceeding 10 square meters (approx. 12 feet in diameter), whether being constructed or purchased as an inflatable kit, must first receive a pool permit.



## > Heritage Subcommittee - Book Launch

Last year, the Town of Stratford marked the centenary of the end of the First World War in a special way - with a book honouring the lives of a number of our veterans from the Great War. "We will remember them": Stratford Heroes of the First World War is a project of the Stratford Heritage Committee, a group composed of Council members, staff and resident volunteers, with the book including contributions of information, photos, and stories from a number of Stratford families. Copies remain available for purchase at Stratford Town Centre during office hours and at The Bookmark in Charlottetown for \$19 plus tax.



*It's that time of year again!*

Please welcome our **Dog License Canvassers** as they go door-to-door!

## OUR COMMUNITY DOG LICENSING PROGRAM

encourages responsible pet ownership within our community, helps to provide a safe and fast return of lost companion animals to their families and assist with the costs associated with transporting, housing and caring for lost dogs until they are reunited with their families.

Being a responsible dog owner creates and maintains a positive relationship between your pet and the community.

Please ensure to clean up after your dogs, and keep our community clean!

Don't leave home without dog bags and remember to dispose of them in the nearest waste receptacle.

# STRATFORD AREA WATERSHED IMPROVEMENT GROUP

## BECOME A MEMBER!

Memberships are only \$10/year for Individuals, \$20/year for Families and \$100/yr for a Business Corporate Membership.

Pick up a membership form at Town Centre, call Kelley at (902) 367-3605 or find it online at [sawig.wordpress.com](http://sawig.wordpress.com)

**IT'S TIME TO GET YOUR RAIN BARREL BACK OUT FOR THE SUMMER SEASON!**

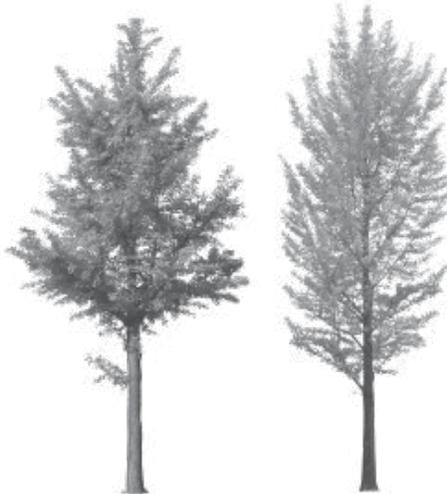


*SAWIG is a not-for-profit group dedicated to preserving and enhancing Stratford's diverse landscape and fostering interest and participation in watershed planning.*

### > Spring Tree Sale

SAWIG is now accepting orders for the annual Tree Sale. Please get in touch with us for a full list of available species. This event is aimed at making it easier for Stratford residents to plant trees on their property. Planting trees around your home can greatly reduce the impacts of hotter summers and colder winters. We could all use a few more trees and this is a great way to get your hands on native species!

***"The best time to plant a tree was 20 years ago, the next best time is today"***



### > Help Save the Bees!

Dandelions are the first food each spring for bees after a long, tough winter. Please leave them on your lawn and help the bee population thrive.



SAWIG sends a BIG THANK YOU to Denise Motard who was our keynote speaker at our Annual General Meeting. To learn more about her topic of the Monarch Butterfly please visit her website at: <https://gardensoftheworld.net/monarch>

If you'd like to learn more about SAWIG's projects you can find us on all social media platforms:

-  @stratfordwater
-  Stratford Area Watershed
-  @stratfordwatershed
-  [sawig.wordpress.com](http://sawig.wordpress.com)

SAWIG encourages all residents of the Stratford, Hazelbrook, Alexandra, Fullertons, and Pownal areas to stay abreast of activities happening in the watershed by visiting our Facebook page (Stratford Area Watershed), Twitter (@StratfordWater), and our website ([sawig.wordpress.com](http://sawig.wordpress.com)).

Additionally please feel free to contact Madeleine Crowell, Watershed Coordinator, at (902) 367-3605 or [stratfordwater@gmail.com](mailto:stratfordwater@gmail.com)



# 2019 TOWN OF STRATFORD SENIOR, ADULT & YOUTH VOLUNTEER OF THE YEAR AWARD

## ADULT, SENIOR & YOUTH VOLUNTEER OF THE YEAR – NOMINATIONS NOW OPEN!

### **AWARD OBJECTIVES:**

Volunteers are - and always will be - an essential part of our community. This award is an annual award, which acknowledges and rewards a volunteer citizen who has made an outstanding contribution to his or her community.

The recipient will receive prizes and the recipient will have his or her picture displayed at the Stratford Town Centre, 234 Shakespeare Drive. Also, the winner's name will be engraved on a special trophy to honour each year's Volunteer of the Year. As well, ALL NOMINEES will be recognized for their volunteer efforts and will receive an official acknowledgement on behalf of the Town of Stratford.

### **ELIGIBILITY:**

Volunteering is the act of people being involved in the improvement of their surroundings. Volunteer acts can occur within a structured organization (ex. volunteering at your library) or in an informal setting (ex. raking leaves for your elderly neighbor).

Those eligible to receive this award include any individual who performs volunteer act/acts (as defined above) within the Town of Stratford community.

The purpose of this award is to focus on recognizing individual citizens, however the judging committee will also accept a submission that nominates two or more people together.

### **SELECTION PROCESS:**

The Town of Stratford will oversee the award, provide title, and the way in which it is presented. A committee under the direction of the Town's Recreation, Culture and Events Committee will select the winner.

### **HOW TO SEND IN A SUBMISSION:**

Nomination Forms can be found on the Town's web page at [www.townofstratford.ca](http://www.townofstratford.ca) or picked up at the Stratford Town Center, 234 Shakespeare Drive. Completed nomination form may be forwarded to the Town of Stratford's Recreation, Culture & Events Department at the address below.

All submission must be signed. The annual deadline for submissions is May 31. The award will be presented annually at the Town of Stratford's Canada Day celebrations.

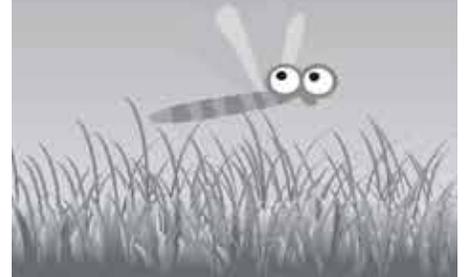
**PLEASE NOTE:** Award decisions will be selected based solely on the information provided, so it is important that all relevant information accompanies the nomination in order for the judging committee to make the best possible decision.



*Submit to:*  
Volunteer Award Selection  
Committee Town of Stratford  
  
Email: [arsenault@townofstratford.ca](mailto:arsenault@townofstratford.ca)  
  
Or mail to or drop off at  
Stratford Town Centre  
234 Shakespeare Drive  
Stratford, PEI C1B 2V8

## Spring is finally here!

Here are some bugs that can naturally help your lawn this spring!



**PRAYING MANTIS**  
They might look scary, but they can help eat bugs harmful to home gardens.

 **LADYBUG**  
Ladybugs can eat small harmful mites on plants and can even be ordered online.

**LACEWINGS AND HOVER-FLIES**  
These bugs may not look helpful but they thrive by eating insect pests of fowers.

 **DRAGONFLIES**  
Dragonflies are great in the garden, they will eat mosquitoes and other harmful insects.

## Town of Stratford Canada Day Celebration

Please join us July 1st for our annual Canada Day Celebrations. In case of inclement weather, the flag raising ceremony and some entertainment will be held indoors at the Stratford Town Centre Gym.

### EVERYONE WELCOME!

#### Stratford Town Centre:

7:30-10:30am Pancake Breakfast

Sponsored by Stratford Lions Club

Tickets at the door or from any Lions Member.

Adults/\$8, Children(-10)/\$5, Family/\$20(max 4)

8:30-10:30am Par-T-Perfect

#### Tea Hill Park:

1:15 pm Piper— Peter Worth

1:30 pm Music by Richie Bulger and the Wannabeez  
+ Special Guests

Face Painting – Par-T-Perfect

Inflatable Bouncies-Par-T-Perfect

Flavours of the World - Ethnic food samples & displays from around the world!

BBQ - Stratford Lions Club

Kids Olympic Field Events - Stratford Youth Centre

1:45 pm Mr. Magic Show

**2:30 pm FLAG RAISING CEREMONY & SINGING of  
"O CANADA"**

Mayor and Council Members

2019 Volunteer of the Year Awards

Canada Day Cake

Ice Cream & Strawberries

3:00 pm Flavours of the World Entertainment

Mr. Magic Show

4:00 pm Event Closes



**Please bring your own lawn chair or blanket & stay for the afternoon. Don't forget sunblock & a hat too.**

**Please remember that all Town properties (inside & outside) are **SMOKE & SCENT FREE****



Canadian  
Heritage

Patrimoine  
canadien

# RECREATION CULTURE & EVENTS GUIDE – SUMMER 2019



The Town of Stratford is very excited to offer another summer camp program. This program will run for 9 weeks. Participants can register on a weekly basis or for the full summer. The summer camp is geared for youth between the ages of 8-12. We will only accept a maximum of 30 youth per week. Each week, youth will experience different activities including: healthy eating, theatre, arts and crafts, sports, nature based programs, and lots of free imaginative time. Parents are expected to provide youth with a snack and lunch on a daily basis except for Mondays as on this day each participant will learn how to prepare a healthy snack and lunch on their own.

**Camps run weekly from July 2 – August 30, 2019  
with a different theme offered each week:**

**Week 1 Nature Week**  
July 2 - July 5

**Week 4 Movie/Theatre**  
July 22 - July 26

**Week 7 Heritage Week**  
August 12- August 15

**Week 2 Sports Week**  
July 8 - July 12

**Week 5 Beach Week**  
July 29 - August 2

**Week 8 Birthday Week**  
August 19 - August 23

**Week 3 Arts & Craft**  
July 15 - July 19

**Week 6 Science Week**  
August 5 - August 9

**Week 9 End of Summer**  
August 26 - August 30

**Cost: \$135/week or \$990.00 for the full summer camp**

For more info, or to register, call 902-569-1995  
or email [info@townofstratford.ca](mailto:info@townofstratford.ca)



## ONLINE PROGRAM REGISTRATION

Visit our website to see upcoming programs and registration dates. You can even create a personal account to register and pay for programs online at [www.townofstratford.ca](http://www.townofstratford.ca)

## PERMISSION TO USE TOWN FACILITIES

The Town of Stratford owns and operates a number of parks, playgrounds, playing fields and facilities. Groups and individuals who want to use Town facilities for any reason must fill out an application and obtain permission from the recreation department.

Town parks include all neighborhood parks and playgrounds, as well as our major parks; Tea Hill Park, Pondside Park, Kinlock Park, and Robert L. Cotton Memorial Park. Town facilities include the Stratford Town Centre, MacNeill Community Centre, Bunbury Rink Building and Cotton Park buildings. Town facilities are available to groups or individuals on a priority basis.

## STRATFORD YOUTH CENTRE

Looking for information about the Stratford Youth Centre? Contact Duane to learn more before September rolls around and programming starts up for the fall.

T: (902) 569-1995  
E: [dpineau@townofstratford.ca](mailto:dpineau@townofstratford.ca)

## RECREATION CULTURE & EVENTS GUIDE – SUMMER 2019

### GYMNASIUM HOURS OF OPERATION

**Sunday to Thursday: 5:30am-9:45pm**  
**Friday and Saturday: 5:30am-8:45pm**

The Stratford Town Centre is open for Stratford residents to use 7 days a week. The centre is equipped with a gymnasium, walking track, fitness centre, multipurpose meeting rooms, change rooms, stage and kitchen.

Residents are welcome to use the fitness centre and walking track any time the building is open.

Residents are also welcome to use the gymnasium any time there are no programs or bookings scheduled. Schedules are posted weekly on the bulletin board, as well as being posted on our social media accounts daily.

To book any of the meeting rooms or gymnasium for private use, contact the recreation office at 902-569-2535. When you enjoy this beautiful facility please sign in and out at the front door. Indoor sneakers only in gym and track/fitness area.

### STRATFORD GYMNASIUM WALKING/RUNNING TRACK DIRECTION AND RULES

The inside lane of the walking track is for walking and is the lane closest to the bleachers. Because we change directions each day, the direction to walk will be posted by the top of the stairs. The direction will always be opposite of the running lane. We ask that people do not walk more than two wide in the walking lane and that faster walkers pass in the outside lane when traffic allows.

The outside lane is for running and this is the lane closest to the fitness equipment area. Like the walking track, the direction is changed daily and is posted by the top of the stairs. We ask that people do not run in pairs, as the running lane is wide enough for one person only. The walking lane may be used for passing when traffic allows. Indoor sneakers must be worn (those never having been used outside) and please remember to sign in upon arrival.

Young children MUST be directly supervised by an adult if using the gymnasium track. Fitness area (equipment only) is restricted to 15 years and older.

### > Under 4 Soccer

Our under 4 soccer is designed for fun and learning. Through game and play children will learn the basics of soccer. Registration is open to children born in 2015. Online registration is open or in person at Stratford Town Centre.



**Saturday's: July 6 – August 24**

**Time: 9am – 12pm,**

**45 min sessions**

**Location: Stratford Business Park (mini fields)**

**Age: 4 (born 2015)**

**Fee: \$60.00**

### > Learn to Play (T-Ball)



Learn to Play Ball (baseball & softball) will teach the basic skills of playing ball. This program is open to both boys and girls born in 2014 & 2015. Youngsters will learn to throw and catch gradually, and in stages, as their gross motor skills

and hand-eye coordination continue to grow, and as their reflexes continue to develop.

**Monday's: July 8 – August 26**

**Time: 4:30pm – 5:15pm**

**Location: Bunbury Field**

**Ages: Boys & Girls born in 2014 & 2015**

**Fee: \$60.00**

### > Rally Cap

Rally Cap is a great program for teaching kids the fundamentals of baseball. Practice plans are available with fun games. Main focus is grass roots skill development for this age group, with a few games over the summer played against other teams. Each child will get a team shirt and a baseball hat.

**Saturday's: June 22 – August 24**

**Location: Kinlock Field**

**Ages: Girls & Boys born in 2012 & 2013**

**Fee: \$95.00**

### > Stratford Tennis at Pondsides Park Courts

The Stratford Tennis Programs are being led by Don Cameron, Rene Gagnon & Zack Sanayie. All three of these coaches have their Tennis Canada Instructor Certificate and they are passionate about inspiring a love for tennis as a life-long activity. Don is a multiple time provincial tennis champ with over 40 years of tennis experience; Rene has a lifetime of tennis experience and has spent years teaching children in elementary schools; and Zack is a member of the UPEI tennis team.



### > Youth Tennis (Ages 6-17)

Fun drills, skills and games to learn the basics. Summer Morning Program Available for July & August. Register for one or both months.

**Ages 6-9** **Tues & Thurs**  
**9-10:30am**

**Ages 10-17** **Tues & Thurs**  
**10:30-12noon**

**July 2 – 25** **Fee: \$90**

**July 30 – Aug 22** **Fee: \$90**

### > Adult Tennis Basics

This class is for anyone starting out or wanting a refresher to get back in the game. Basics include forehand and backhand groundstroke technique, serve & return, volleys & overheads, ball control, singles and doubles positioning and tactics. The basics are covered over 8 classes (4 weeks).

**Time: Tues & Thurs 6-7pm**

**July 2-25** **Fee: \$72**

**July 30- Aug 22** **Fee: \$72**

## RECREATION CULTURE & EVENTS GUIDE – SUMMER 2019

### > Youth Centre Fundraiser Fitness Classes

Looking to get fit? Drop in any week for Body Fit or Step Fit classes. You can pay \$3 to drop in or buy a "Fit Class Pass" good for any 10 "Fit" classes at Stratford Town Centre (Body Fit and Step Fit) for \$30 and not have to worry about bringing cash. Fit classes are lead by volunteer instructor Clare, a CanfitPro Certified Fitness Instructor. "Fit" classes are a great way to be active and contribute to a great program in Stratford. All proceeds go towards purchasing of new equipment for Stratford Youth Centre Programs.

#### Body Fit

Body Fit is a full body muscle conditioning 60 minute class of fun for all levels of fitness. You can do all of the exercises with weights that work for you or with no weights at all!

**Monday's: 6:15-7:15pm**

**Location: Stratford Town Centre Stage**

#### Step Fit

Step Fit is a step aerobics class (yes - just like in the 80s) that's a great cardio workout for all levels of fitness! Time flies when you're having fun and working up a sweat! Come on out and try it!

**Wednesday's: 6:30-7:30pm**

**Location: Stratford Town Centre Stage**

### > Fit, Fun, & Over 50



This 8 week program offers a moderate but challenging head to toe workout that will uplift your quality of life, delay the ageing process, brighten your mood and help you feel more energetic. Each class will include a warm-up, standing and seated exercises and end with gentle total body stretches. Workouts will include a variety of equipment such as chairs, tubing, small balls, dumbbells, step platforms, etc. These fitness classes safely build dense, strong bones and will improve circulation, coordination, balance, core and full-body muscular strength, endurance and flexibility. Exercise while having fun and mak-

ing friends! Wear loose fitting, comfortable clothing, and proper shoes that offer safety and support. Drink water before, during and after exercise. And don't forget to check with your doctor before starting any new exercise program. This program is provided by GOPEI.

Register online via the Town's website or with the Recreation Department in person before June 17. For more information call (902) 569-6924.

**Monday's beginning June 17**

**Time: 10:00-10:45 am**

**Location: Town Centre Stage**

**Cost: \$32**

**Maximum of 12 participants and minimum of 4 participants required.**

### > Watercolor Workshop

Join Tricia MacNeil Baldwin, Stratford Artist in Residence, and Laura Duncan, Guest Artist for "Vibrancy & Movement: A Watercolor Workshop". Space is limited and supplies are included. Open to those 16+

**August 5 – 9**

**Time: 9:00am–12:00pm**

**Location: Gertrude Cotton Building (57 Bunbury Road)**

**Fee: \$110.00**

### > Art in the Afternoon

Join Tricia MacNeil Baldwin, Stratford Artist in Residence, and Laura Duncan, Guest Artist for three upcoming classes this summer. All materials will be provide to complete a 16x20" acrylic canvas painting. All levels and abilities are welcome who are 16+.

**Time: 12:00pm–3:00pm**

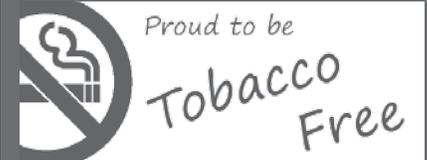
**Location: Gertrude Cotton Building (57 Bunbury Road)**

**Fee: \$30.00/person per class**

**Saturday, July 13 – 'Robin'**

**Saturday, July 27 – 'Beach Hut'**

**Saturday, August 10 – 'Koi'**



### TOBACCO - FREE POLICY FOR INDOOR AND OUTDOOR FACILITIES

The Town of Stratford recognizes that exposure of non-smokers to tobacco smoke (passive smoking) is hazardous to their health and that non-smokers, including children, should be protected. Passive smoking can lead to serious illnesses in adults, such as bronchitis, lung cancer and cardiovascular disease. Children can also develop chest illnesses and asthma from exposure to tobacco smoke. Children who are in frequent contact with adults who smoke are also more likely to become smokers themselves.

The Town of Stratford has had a Tobacco-Free Policy since 2007 to protect the health of all concerned with an emphasis placed on children. In August 2018, Stratford Town Council approved and adopted a resolution to change the policy to a bylaw is now in effect. The bylaw will continue to be enforced through education however does allow for charges to be laid if necessary.

All properties & facilities owned by the Town are designated as tobacco-free. This includes all outdoor playing fields, trails, parks and playgrounds as well as Stratford Town Centre, Cotton Centre, and MacNeill Community Centre.

### DID YOU KNOW?!

The provincial government has announced that as part of their initiative to return carbon tax revenue to Islanders transit fees have been reduced effective January 1, 2019.

# A DAY IN S

Time for an evening bike ride around the neighbourhood—following the safety rules and wearing our reflective vests.

**RESPECT**  
IT'S A TWO WAY STREET

We got up early and went straight for a family breakfast!

**THINK!**  
STRATFORD

We dropped into the library for a relaxing, afternoon reading session.

**THINK!**  
STRATFORD

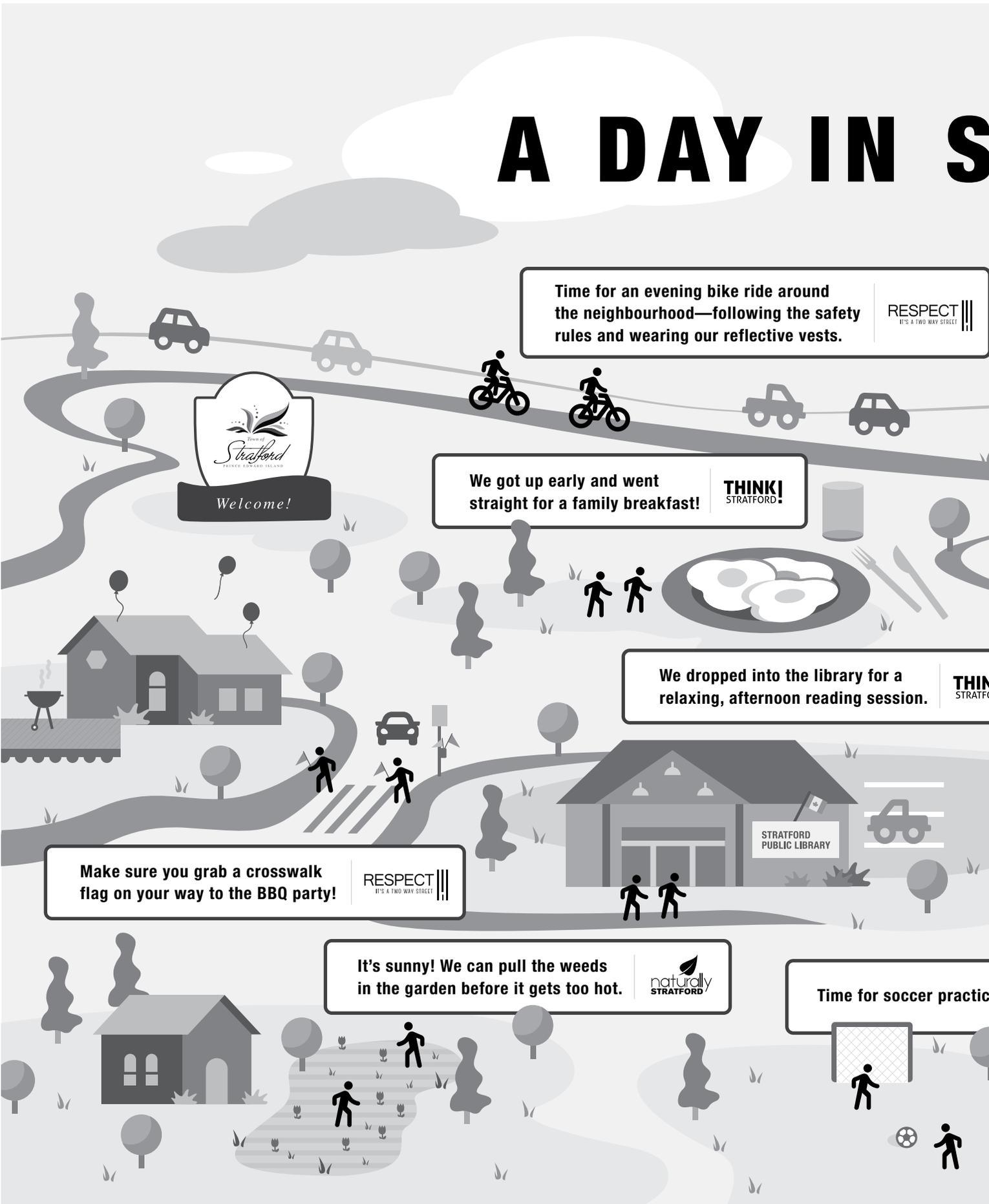
Make sure you grab a crosswalk flag on your way to the BBQ party!

**RESPECT**  
IT'S A TWO WAY STREET

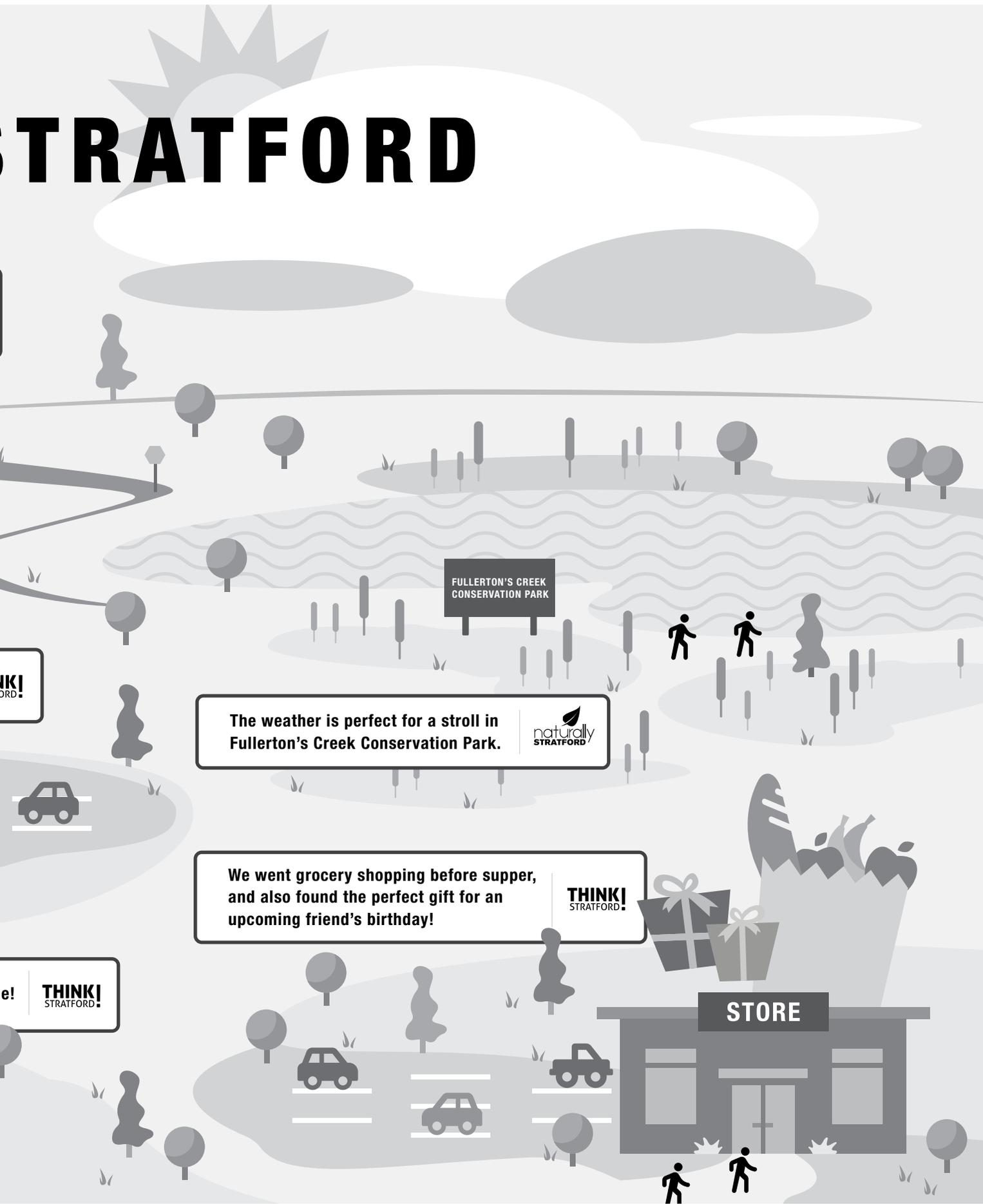
It's sunny! We can pull the weeds in the garden before it gets too hot.

**naturally**  
STRATFORD

Time for soccer practice!



# STRATFORD



FULLERTON'S CREEK  
CONSERVATION PARK

The weather is perfect for a stroll in Fullerton's Creek Conservation Park.



We went grocery shopping before supper, and also found the perfect gift for an upcoming friend's birthday!



THINK!  
STRATFORD.

THINK!  
STRATFORD.

STORE



## STRATFORD PUBLIC LIBRARY

25 Hopeton Rd, Stratford, PE  
T: (902) 569-7441  
W: [www.library.pe.ca](http://www.library.pe.ca)  
E: [stratford@gov.pe.ca](mailto:stratford@gov.pe.ca)

Tuesday: 9:30 a.m. - 5:30 p.m.

Wednesday: 9:30 a.m. - 8:00 p.m.

Thursday: 9:30 a.m. - 5:30 p.m.

Friday: 9:30 a.m. - 12:30 p.m.  
1:00 p.m. - 5:30 p.m.

Saturday: 9:30 a.m. - 5:30 p.m.

Sunday & Monday: Closed

Find us on Facebook! Search for Stratford Public Library, PEI. Last minute events, opportunities, and specials will be posted.

### COMPUTER ASSISTANCE

Need a hand with setting up email, figuring out Facebook, or anything in between? Call the library to book a time with one of our volunteers. By Appointment, call 902-569-7441



### EBOOK ASSISTANCE

Check out the library's free ebook service, Overdrive! If you need a hand setting up your device, drop in or call for an appointment. Wednesdays from 2:30 p.m. to 4:30 p.m. or by appointment, call 902-569-7441

### DID YOU KNOW?

Islanders with a library card can browse from a catalogue of thousands of eBooks and eAudiobooks which can be downloaded to eReaders, smartphones, iPods and MP3 players. Check out the library website for more details, or call to book an appointment to get one-on-one assistance setting up your device.

## STRATFORD PUBLIC LIBRARY



Reading fun for kids, from  
Canada's public libraries  
[tdsummerreadingclub.ca](http://tdsummerreadingclub.ca)



Public Library  
Service

### Get Your Summer Read On!

#### Launch Party

All ages  
June 22 at 11:30am

#### Elementary Explorers

Ages 5-12  
June 27-August 22  
Tuesday to Saturday at 1:30pm

#### Brilliant Labs

Ages 5-12  
July 11-August 22  
Thursday's from 3-5pm

### Get Your Summer Read On!

#### Closing Party

All ages  
August 23 at 1:30am  
Family Board Games  
Tuesday's at 5:00pm

#### Wiggle, Giggle Read

Ages 0-3  
Thursdays at 10:00am

#### Family Storytime

Ages 3-5  
Thursdays at 11:00am

#### Artist of the Month

Apply at the desk to display your art.  
All ages and experience levels  
welcome.



## STRATFORD AND AREA LIONS CLUB

Welcome to summer from the Stratford and Area Lions Club. Hopefully you have had the chance to stop by our building at the corner of Mason Road and Trans Canada Highway to get some tasty cooked market lobster. We will continue cooking fresh lobster until Father's Day so you still have time to stop by and pick up a treat for supper! When the yellow light is flashing we are open!!

We have several events continuing all year long at Cotton Center on Bunbury Road. For those who enjoy playing cards, weekly crib takes place on Thursday evenings at 7:30. You may end up having the best hand and leaving with some extra cash in your pocket. Every third Tuesday we host a ceildh with a great line up of local talent. Grab a few friends for a night out and some toe tapping entertainment.

We had a few events happen this past spring including a White Cross Dance for 120 people with mental and emotional disorders. They enjoyed dancing and a lunch at Stratford Town Centre. Also a big Thank You to the Stratford Youth Centre who cleaned the roadside of Bunbury Road during the PEI Women's Institute Annual Roadside Cleanup. This effort is greatly appreciated!

Mark Canada Day on your calendar for our annual pancake breakfast which consists of pancakes, hashbrowns, sausages, juice and tea or coffee. We will be serving from 7:30am to 10:30am at Stratford Town

Centre in the gym and look forward to a great turnout from the community again this year. Then be sure to spend the afternoon at Tea Hill Park where our members will be BBQ'ing free hot dogs on behalf of the Town of Stratford.

Our motto is 'We Serve'. This past year our club members together racked up approximately 5000 volunteer hours in our community and donated over \$25,000 to a wide spectrum of local worthwhile causes, ranging from individuals in need of aid for medical travel to local children's hockey teams to the hospital equipment campaign. Please look at the list posted in our service building of causes we have supported when you are in getting your feed of lobster. If you, or someone you know in the Stratford area needs assistance, please email us at [Stratford.area.lions@hotmail.com](mailto:Stratford.area.lions@hotmail.com) or contact any Lions member.

Do you have extra time in your life and a desire to help others? We would love to talk to you about becoming a Lion member! Contact us for more information - whether you are male or female, we welcome both genders. The overwhelming feeling of generosity will grow knowing you made a difference and are having FUN while doing it! Contact any Lions member or our Club President Avery Blaxland at 902-569-2409. We are also on Facebook, just search Stratford and Area Lions Club.

**Respectively submitted by,  
Mae Bovyer, Club Secretary**



## REMINDER TO RESIDENTS:

Residents are responsible for ensuring proper upkeep of your property when travelling for extended periods of time.

In summer, ensuring that grass cutting takes place and in winter, that your driveway is kept cleared are just two examples. Be a good neighbour and make sure that your travel plans include looking after your house too.

With the warmer weather, more kids are taking to our streets and choosing to bike to and from school.

Please be extra mindful not only in school zones but entering and exiting our neighbourhoods.

Sometimes our kids aren't as easy to see – triple check that it is safe to proceed and give them extra time and space when they are crossing the street.



**RESPECT**  
IT'S A TWO WAY STREET

**SLOW DOWN  
MOVE OVER  
THINK OF OTHERS**



Wouldn't it be great to feel safe while walking, running, biking, playing, AND driving? We can get there by showing RESPECT for one another on the roads!

You can help by:

- **Watching for others on the road**
- **Using your hand signals while biking**
- **Wearing reflective gear and bright colors when it's dark**



**#SAFERSTRATFORD  
#RESPECT**

For more tips on showing RESPECT on the roads, follow us on Facebook and Twitter!



*Imagine that!*

## JAMES AYLWARD, MLA

I'd like to take this opportunity to thank the residents of Stratford-Keppoch for again showing up to express your support by re-electing me as your Member of the Legislative Assembly of PEI.



It has now been eight years since I entered politics, being first elected in 2011 and again in 2015. Over the course of my career I have had the honour of serving as Leader of the Official Opposition and Party Leader, Chair of Public Accounts and Member of various Standing Committees. The next 4 years will be slightly different as I will no longer be a Member of the Official Opposition, but instead sit as a Member of Government. I look forward to being your voice and to bringing your issues and concerns forward to the PEI Legislature.

While I am proud to have knocked on every door in District 6 during the recent Provincial Election, I am sorry that I was not able to speak with every resident. However, I do value the one on one conversations that we had and promise to follow up on every issue and or concern that was conveyed to me. If I missed you at your door and you would like to speak with me, please contact me via the info listed below.

April 23<sup>rd</sup> was a day of celebration within the PC Party and across the province as the Progressive Conservatives formed a minority

government, with the Green Party taking Opposition. Special congratulations to Michele Beaton on being elected as the MLA for District 5, Mermaid-Stratford. As always, I am eager to work collaboratively across party lines to take the issues that I've heard at your doorsteps to the legislature.



I'd also like to congratulate my fellow District 6 candidates David Dunphy, Lynne Thiele, and Devon Strang. You all ran clean, driven campaigns and I hope I have the opportunity to work with you in the future.

Enjoy the coming Summer and remember to take time to spend with family & friends! Thank you again for placing your faith in me and please do not hesitate to contact me at any time.

*Sincerely,*  
**James Aylward, MLA**

**James Aylward,  
MLA Stratford-Kinlock  
Email: [jsaylward@assembly.pe.ca](mailto:jsaylward@assembly.pe.ca)  
Office: 902-368-4373  
Home: 902-569-1615**

## MICHELE BEATON, MLA

Thank you to the residents of Mermaid-Stratford for electing me as your Member of the Legislative Assembly. I am very proud of my roots in this district. Alexandra has been my home for most of my life and I'm thrilled to be raising my daughter Ava here.



Picking strawberries and raising chickens were my first jobs and I learned the value of hard work at a very young age. After graduating from UPEI with a Bachelor in Business Administration I worked with my family in the construction and operation of our golf course tourism business. In 2004, I start-

ed my career in telecommunications with a national service provider in Ontario. I accepted a position with Bell Aliant in 2012 and until my election I managed the Bell Canada Small Business Internet portfolio for the Maritime Provinces, Ontario and Quebec. I consider myself very fortunate to have had the opportunity to move back to PEI and raise Ava in the same community that I grew up in. I am grateful for the vast experience I have gained through my work and will carry this with me as I transition fully to my new role as your MLA.

Throughout the election, I had the opportunity to listen to many of you and learn the challenges you face, which has been a humbling experience. I am committed to continue listening and to make sure your voices are heard. To truly represent our community, I need to understand the issues and concerns you have.

*Sincerely,*  
**Michele Beaton, MLA**

**Michele Beaton,**  
**MLA Mermaid-Stratford**  
**Email: mlbeatonmla@assembly.pe.ca**  
**Phone: 902-620-3977**



The Town of Stratford was pleased to raise a flag on May 1<sup>st</sup> for the entire month in recognition of **Multiple Sclerosis Awareness Month.**

**THINK!  
STRATFORD!**

## ATTENTION STRATFORD BUSINESSES!

We are currently seeking materials for our Town of Stratford Welcome Packages for new residents.

If you have anything to contribute (business cards, brochures, etc.) please contact **Audra** at 569-1995 or [abulger@townofstratford.ca](mailto:abulger@townofstratford.ca).

**Let's make sure our new residents are aware of all that our community has to offer!**



*Imagine that!*

## GARDEN BEDS AND CATS GARDEN



Cats are in your garden because they like the soil. To discourage cats from using your garden bed as a litter box, you have to make your soil less appealing to them.

Here are a few things you can do to keep cats out of your soil:

Cats prefer to walk on soft soil and will avoid prickly surfaces. Make your garden beds into a less inviting litter box by adding something to your beds on which the refined paws of cats will fear to tread, such as sharp-edged pine cones or stone mulch.

Surround the garden area with a fence, such as chicken wire – something you can lean in the direction from which the cat will approach. Angling the placement will make it difficult for the cat to climb over.

Cats dislike the smell of lavender and lemon thyme, so plant a few of these throughout the garden space. As a bonus, inter-planting will attract pollinators and can help to avoid pests too.

Cats steer clear of strong citrus scents – throw peelings directly on your garden.

If your visitor has a favorite location, try washing the area well with a hose (or water from your rain barrel!) to remove the scent of urine spray. Cats tend to choose the same spot repeatedly — removing their previous stake on your garden will go a long way towards preventing reoccurrences.

Mix up a batch of cat-away spray. In a spray bottle, combine 1 tsp each of black pepper, dry mustard, cinnamon, a few drops of citrus essential oil, a crushed garlic clove and then fill it to the top with water. Apply to your garden beds.

Cats love honeysuckle & catnip, try planting these in an area away from your garden beds to lure the cats away.

## STRATFORDS OF THE WORLD

Planning has already begun for the next Stratfords of the World Reunion in Stratford, Ontario July 30-August 6, 2020. If you missed the information meeting in May, please know that ALL residents of our Stratford are encouraged to think about this opportunity to join Stratfordians from the UK; Connecticut, USA; Australia; and New Zealand with the host Stratford in Ontario.

Stratford, Ontario is a city on the Avon River in southwestern Ontario. It has a population of approximately 32,000 people and is well known for its Stratford Festival. The new Tom Patterson Theatre should be opened by the time you read this. It has been deemed “North America’s most significant new theatre project” – sounds amazing! Some of the proposed activities for the week include a city tour, garden tour, tour of Perth/Huron counties, Kettle Point First Nations, chocolate factory tour, museum tour, and St Jacob’s market and Mennonite country tour. All this and more

would be covered in the registration fee (\$325 by Sept. 1, 2019, \$350 after Sept. 1 and \$400 after Jan. 1, 2020). It is important to register early as the Ontario Committee has limited each Stratford to 30 delegates but will create a waiting list if the quotas are not met or if cancellations are received. Plans are also being made for a day trip to Niagara Falls at each delegates own expense (approximately \$130) mid-way through the week.

I hope many of you will participate in this fun, cultural experience with other Stratfordians from across the world. The next Information meeting will be September 23<sup>rd</sup> at 7pm at Stratford Town Centre. In the meantime, if you have any questions or would like to register, please contact me at [dxcampbell@live.ca](mailto:dxcampbell@live.ca)

***Yours in Stratford,  
Daphne Campbell, Chair  
Stratfords of the World- PEI***

## STRATFORD SCHOOLS COMMUNITY PLAYGROUND COMMITTEE



The Stratford Community Schools Playground Committee, a group of parent volunteers, was formed by the Home & School Associations from both schools and has received support from school administration. The Committee engaged Cobequid Consulting, Outdoor Recreation Consultants & Contractors to design, supply and install new playground equipment that is inclusive and accessible to students and the surrounding community. We are proud to say that students at both schools have been actively involved in the planning process, sharing what they would like to see in their playground. The cost of this playground will be \$300,000 dollars.

### DID YOU KNOW?

- The only schools in Stratford, Glen Stewart Primary and Stratford Elementary, currently have a combined population of over 1,100 children.
- Recess times are staggered to accommodate the large volume of students within the limited space where there is a lack of age appropriate and accessible play structures.

- Both school playgrounds are used extensively outside of school hours and serve as a gathering spot for families to get outdoors and enjoy an active lifestyle.
- The playground structures are showing extensive wear and tear because of the high level of usage, which can be linked to our increasing community population.
- Playground creation and maintenance are not part of capital budgets; these playgrounds are funded exclusively through fundraising efforts of parents and through community support.

Please contact us if you have any questions/comments or if you are interested in helping us in any way. Find us on Facebook: Stratford Schools Community Playground and through [www.gofundme.com/Stratford-playground](http://www.gofundme.com/Stratford-playground)

### COMMITTEE CHAIRS:

Willena Lanigan  
[wlanigan@eastlink.ca](mailto:wlanigan@eastlink.ca) 902-367-2820

Kristina Dowling  
[kristinadowling@gmail.com](mailto:kristinadowling@gmail.com) 902-367-9088

## STRATFORD BUSINESS GROUP

The Stratford Business Group welcomes all Stratford businesses, new or established, to become a member and get involved in our community. Whether you want to attend the monthly planning meetings, have an opportunity to meet fellow Stratford businesses, attend learning opportunities or just support the growth of the Stratford business community, we have something for you! Contact [stratfordbusinessgroup@gmail.com](mailto:stratfordbusinessgroup@gmail.com) to learn more or find us on Facebook.

Members of the Stratford Business Group recently held another successful Business Booster, a morning of networking and learning. Presenters at the latest session included Allison from Reactive Health, Juliana from Precision Digital and John Hughes with

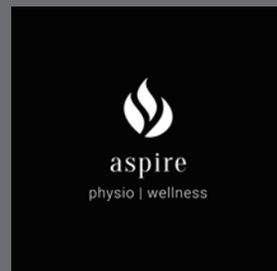
the Provincial Government informing attendees about the upcoming plastic bag ban effective July 1, 2019.

The Stratford Business Group also participated in the PEI Women's Institute Annual Roadside Cleanup in May where we helped clean up our great community, followed by a free BBQ for residents participating in the cleanup. Our thanks to our members and to residents for participating and we hope to encourage each of us to do our part all year long.

We look forward to offering more activities and learning opportunities this year and hope to see more of our business community out at these in the future. We welcome your ideas and topics at any time.



## WELCOME NEW BUSINESS!



Located in Kinlock Crossing, aspire is Stratford's newest physiotherapy and wellness clinic. Native Islander Mandy Fraser (physiotherapist/owner) and her team look forward to serving their patients and clients in their beautiful new facility.

At **aspire physio | wellness** our focus is YOU: your health, your wellness, your goals. We are proud to be locally owned and operated and aspire to make a difference in the lives of Islanders and to impact the health and wellness of their communities.

aspire offers a variety of services including: physiotherapy, acupuncture, massage therapy, occupational therapy, and exercise therapy. The staff bring a wealth of experience and knowledge, allowing them to identify your individual needs and provide effective treatment. Whether your issue is new or nagging, happened at home, work, or play, aspire's team can help you feel better and get you back to the activities that matter to you most.

The aspire team also delivers programs and services for more complex conditions such as concussion, chronic pain and chronic injuries. We believe that building stronger mental and emotional health is key to a happy, healthy life. Contact us to learn more about our mental health literacy and education programs, and occupational therapy services.

Find us on Facebook, call 902-628-1991 or [www.aspirephysio.ca](http://www.aspirephysio.ca)

If you are a new business in the Town of Stratford, please let us know by sending an email to [info@townofstratford.ca](mailto:info@townofstratford.ca)! We'd love to welcome you in a future edition of Town Talk.

## TOWN COUNCIL MEETINGS

For the summer months of June thru September, the Stratford Town Council meetings are held on the 2<sup>nd</sup> Wednesday of the month at 4:30pm. All residents and stakeholders are welcome to attend at any time.



## RESIDENT WELCOME PACKAGES

Do you have a business in Stratford? Did you know we provide welcome packages to new residents?

All Stratford businesses are eligible to provide a brochure, flyer, coupon, or small give-a-way item to be included in our welcome packages so we can help promote you to our newest residents. Learn more or get involved by speaking with Audra at (902) 569-1995.

*Stay up-to-date between Town Talk editions – sign up on our website for our e-newsletter and be sure not to miss a thing!*

## COMMUNITY GROUPS

### > Stratford Community School



*Need some excitement in your life?*

**TAKE A COURSE!**

Planning for the 2019 Stratford Community School is well underway. Classes will be held at the Stratford Elementary School on Wednesday evenings. There will be something for everyone including classes in guitar, ukulele, knitting, line dancing, belly dancing, pickle ball, photography, gardening, estate planning, genealogy, handle with care, and new this year art appreciation and fly fishing for woman. Updates on new courses will be posted on the Town of Stratford website, in the fall edition of Town Talk and on the PEI Community School website at [www.peicomunityschools.com](http://www.peicomunityschools.com). Anyone interested in teaching a course, volunteering, or looking for information please contact one of the committee members.

Kathy Livingstone 902-569-3098  
Jo-Ann Gaudet 902-892-0351

### > PEI Wildfowl Carvers

The PEI Wildfowl Carvers will be hosting their annual woodcarving competition and show on July 13th and 14th at Stratford Town Centre. The public is invited to come and view some world class carvings by some of the best carvers. Admission is free with voluntary donations accepted. Registration is on Friday, July 12 from 1pm-9pm, and Saturday morning from 8am-9:45am. The show is open to the general public on Saturday between 8am and 5pm and Sunday 10am-3pm. For more information please visit our website at [www.carvingpei.ca](http://www.carvingpei.ca)



**Cadets from 20 (Stratford) RCACC** will recommence training at Stratford Town Centre in September. Youth between 12 and 18 who are interested in learning more about Army Cadets are encouraged to check us out. There is no cost to join! We participate in ori-

enteering, sports, marksmanship, leadership, citizenship, community service, geocaching, hiking, canoeing, abseiling, and more! For more info 902-626-5159 or [curtis.doucette@cadets.gc.ca](mailto:curtis.doucette@cadets.gc.ca)

### > Make a “Big” difference with Big Brothers Big Sisters



What if every child fulfills his or her potential? You can help a child build the confidence to achieve more. We currently have six children in the Stratford area waiting for a mentor. Sign up to be a Big Brother, Big Sister, Big Couple and help a child reach their full potential! Making a difference in the life of a child is easier than you think. For more information, call Big Brothers Big Sisters of PEI at (902) 569-KIDS (1-877-411-3729), e-mail [info@bbbspei.ca](mailto:info@bbbspei.ca) or visit [www.bbbspei.ca](http://www.bbbspei.ca)

### > Definitely Not The Symphony (DNTS)

Definitely Not The Symphony (DNTS): a fun group of people with a variety of levels of musical skill who enjoy playing in an orchestra. All levels of ability and suitable instruments are welcome. DNTS will resume in September. To learn more please visit [www.dntspei.blogspot.ca](http://www.dntspei.blogspot.ca), call Jenny at (902) 368-3576 or email [dnts.pei@gmail.com](mailto:dnts.pei@gmail.com)

### > Canadian Tire Jump Start

Canadian Tire Jump Start is a charitable program created by the Canadian Tire Jump Start Charities to help kids in need (ages 4 to 18), participate in organized

## COMMUNITY GROUPS

sport and recreation programs. This program is national in scope, but local in its focus. Canadian Tire Jump Start helps by providing funds to help offset the cost of registration fees and equipment for recreation like swim passes, bowling passes, dance lessons, Scouts and Girl Guides, etc.



To apply, please contact one of the following organizations: Kidsport PEI at (902) 368-4110 or Recreation PEI at (902) 892-6445 or visit <http://jumpstart.canadiantire.ca/en.html>

### > Kidsport Fund



The Kidsport Fund is a program offered through Sport PEI to ensure that no child is left out of organized sport due to lack of finances. For more information or to apply call 902-368-4110 or 1-800-247-6712; visit <http://www.kidsportcanada.ca/prince-edward-island/> or drop into the Sport PEI Office at 40 Enman Crescent in Charlottetown.

### > Special Olympics PEI



Special Olympics PEI is a non-profit, charitable, sport organization. We provide year-round opportunities for individuals with an intellectual disability to participate in sport. Programs are available for athletes of all ages (starting as young as 2 years old) and abilities in either the Community Sport Program stream

(non-competitive) or the Competitive Sport Program stream (various sports offered). If you or someone you know is interested in getting involved as an athlete, coach or volunteer, or for more information, contact us at our Charlottetown office at (902) 368-8919 or by email at [sopei@sopei.com](mailto:sopei@sopei.com) or check out our website at [www.sopei.com](http://www.sopei.com)

### > ElderDog PEI Pawd



ElderDog is a national non-profit organization dedicated to aging people, aging dogs and the important connection they enjoy. Thanks to the financial generosity of the Rotary Club of Charlottetown, ElderDog PEI Pawd is proud to kick off project: A Helping Paw. Aligning with the mission and values of ElderDog Canada, the goal of A Helping Paw is to assist seniors living in the Charlottetown area in the care of their canine companions. Seniors often face issues (namely financial) when caring for their canine companions. Most common issues faced are in the areas of regular vet care, quality food and grooming, which if not rectified in a timely manner, can cause more serious issues for their dogs.

The first step in providing assistance through A Helping Paw is to identify the seniors in need. Through trusted recommendations and referrals by people and organizations like you, ElderDog PEI and Rotary Club of Charlottetown can provide quality assistance to seniors in the Charlottetown area.

How can you help? Do you know of a senior in the Charlottetown area who: has a canine companion living with them; struggles with the care of their dog and could benefit from vet care, grooming, food, general care; and meets revenue Canada's low-income guidelines? If so, please tell them about this program. There is no cost to the senior for this project. Contact (902) 969-2926 or [elder-dogpei@gmail.com](mailto:elder-dogpei@gmail.com) for more information.

## CITIZENS ON PATROL NOW RECRUITING VOLUNTEERS



**Citizens on Patrol Stratford** is a volunteer program established in 2008 where residents help to keep the community safe by volunteering to patrol the community and provide an "extra set of eyes and ears" for the RCMP. The program is funded in part by the Town of Stratford and works closely with the RCMP. **Citizens on Patrol** volunteers observe and report suspicious events to the RCMP – they do not intervene in any way, to ensure their own safety.

If you would like to learn more or go for a ride along with volunteers to try it out for an evening, please call the Town Centre at (902) 569-1995.

You can also follow them on Twitter @COP\_Stratford and on Facebook

[www.facebook.com/copstratford](http://www.facebook.com/copstratford)



Leave the phone alone while driving! \$500 minimum fine & five demerit points.

If you suspect a motor vehicle you are following has an impaired driver call 911 when you can safely do so.



## HAVE YOU SEEN OUR UPDATED WEBSITE?

Visit [www.townofstratford.ca](http://www.townofstratford.ca) and check it out! If you have any feedback for us we'd love to hear what you like, what you'd change or what you can't find so we can try to improve it. Send your comments to [info@townofstratford.ca](mailto:info@townofstratford.ca)



## DOG WALKING & LITTERING

Did you know that although disposable doggie waste bags are being advertised as biodegradable they take years to decompose (if at all) and actually belong in our waste system on PEI?

The Town of Stratford has been receiving an increase in the number of calls from residents expressing disappointment and frustration with seeing disposable doggie waste bags being littered around our community. They are being left on or near the edge of sidewalks, trails and even sometimes on residents private properties. Please respect our community and your neighbours by disposing of all litter properly.



## HEALTH & WELLNESS

### > Shake It Up Line Dancers

Line dancing will resume starting Sept. 10 thru April 29, 2020. Classes are Tuesday evening 6:30-8:00pm and Wednesday morning 10-11:30am. All classes are on the stage area of Stratford Town Centre. Your requirements to participate: a love of music (which we offer through a mixture of rock 'n roll, country, pop, Latin, and everything in between). Come out and meet new friends and we promise you'll have a good (fun) workout. Everyone is welcome! There is a small fee charged.

For more information or to register contact: Karen at 902-569-8516 or [carynhop@hotmail.com](mailto:carynhop@hotmail.com) or Gail at 902-569-3237 or [gailphaggy@hotmail.com](mailto:gailphaggy@hotmail.com). A maximum number of participants will be accepted at either class time.



# HEALTH & WELLNESS

## > S.O.S. (Seniors on Strength) for 50+

S.O.S. (Seniors on Strength) is a dynamic combination of strength development, mobility, agility, and balance for the active older adult including total body strengthening movements on and off the ball and a total body stretch. You will be stronger to lift, carry, climb stairs, and do the things in life you wish to do.

**All levels.**  
**Tuesday's, 9:30 a.m.**

**Session 1: Sept. 17 – Oct. 8**

**Session 2: Oct. 15 – Nov. 5**

**Session 3: Nov. 12 – Dec. 3**

For more information or to register contact Joan Varacalli:  
 bfitjv@gmail.com or (902) 213-6187

## > Chair Yoga/Stretch & Tone for 50+

A four week session open to beginners, geared to improving body awareness, balance, strength and flexibility. Gentle stretching, strengthening and balance movements combined with breath work while sitting in a chair and/or standing using the chair for support. Part of each class will include small ball and theraband exercises.

**All levels.**  
**Tuesday's, 11:00 a.m.**

**Session 1: Sept. 17 – Oct. 8**

**Session 2: Oct. 15 – Nov. 5**

**Session 3: Nov. 12 – Dec. 3**

For more information or to register contact Joan Varacalli:  
 bfitjv@gmail.com or (902) 213-6187

## > Cardio Pump for 50+

These classes start with low impact cardio to oldies music followed by muscle conditioning and toning using tubing, dumb bells, body weight, small balls and therabands. The class ends with a relaxing stretch. Have fun, burn calories, tone and strengthen your body.

**All levels.**  
**Thursday's, 9:30am**

**Session 1: Sept. 19 – Oct. 10**

**Session 2: Oct. 17 – Nov. 7**

**Session 3: Nov. 14 – Dec. 5**

For more information or to register contact Joan Varacalli:  
 bfitjv@gmail.com or (902) 213-6187

## > Gentle Flow Yoga for 50+

In this class we start with gentle movements on the mat to warm up and loosen your muscles with a focus on breath. Standing movements promote ease of movement, balance, functional strength and flexibility in your body. This class will leave you feeling relaxed and energized.

**All levels.**  
**Thursday's, 11:00am**

**Session 1: Sept. 19 – Oct. 10**

**Session 2: Oct. 17 – Nov. 7**

**Session 3: Nov. 14 – Dec. 5**

For more information or to register contact Joan Varacalli:  
 bfitjv@gmail.com or (902) 213-6187



# STRATFORD DOG FUN PARK

Located next to the Stratford Town Centre, the Dog Fun Park is available for all residents free of charge. The Dog Park is open from 7:00 a.m. to dusk and there are agility toys, benches and a picnic table for your enjoyment. All users are asked to clean up after their pets and to respect park rules.



# SCENT FREE

All Town of Stratford facilities are scent free for the comfort and enjoyment of all users. This includes any meeting room, fitness and gymnasium space, Town offices, and all events hosted by or in Town facilities. We appreciate the community's cooperation and understanding of those with sensitivities and allergies to scent. If you have any questions please contact our office at (902) 569-1995.



# STRATFORD COMMUNITY TELEPHONE DIRECTORY

## PRESCHOOL PROGRAMS:

Drop In & C.H.A.N.C.E.S	(902) 892-8744
Stratford Playschool	(902) 569-2535
Intro To Sports	(902) 569-2535

## YOUTH PROGRAMS:

After School Programs	(902) 569-2535
Girl Guides of Canada	(902) 894-4936
Stratford Youth Centre	(902) 367-3294
Stratford Minor Basketball	dougnewson@gmail.com
Stratford Soccer Club	president@stratfordsoccer.pe.ca
Art Programs	(902) 569-6925
Stratford Minor Baseball	scottjtaylor10@gmail.com
Instructional Ice Hockey	(902) 569-2535
Pownal Minor Hockey	(902) 676-2182
Pownal Can Skate	(902) 569-5866
Speed Skating PEI	(902) 569-2498
Red Cross Water Safety	(902) 628-6262
Scouts Canada (Stratford)	(902) 569-2353
Flag Football	(902) 368-4262
Stratford Army Cadets	(902) 569-4699
Stratford Softball Association	info@stratfordstealers.com

## ADULT/SENIOR PROGRAMS:

Badminton	(902) 569-2535
Carpet Bowling: Shirley Cleveland	(902) 569-3306
Co-Ed Soccer: Pat Martel	(902) 569-3830
Co-Ed Volleyball: Dianne Lidstone	(902) 892-3784
Crossroads & Area Lion's Club	(902) 569-2409
Intro to Fitness Centre	(902) 569-2535
Mayflower Seniors Club	(902) 569-2732
PEI Wildfowl Carvers Club: Moe Wood	(902) 569-3591
Recreational Basketball	(902) 569-2535
Stratford Area Watershed Improvement Group	(902) 367-3605
Yoga/Sweat & Pump - Varacalli Fitness	(902) 213-6187

## FAMILY PROGRAMS:

Community School: Kim Stewart	(902) 569-4258
Table Tennis: Najam Chishti	(902) 368-2360
Cricket: Ross Dwyer	(902) 817-4404

## SUPPORT PROGRAMS:

Canadian Tire Jump Start	(902) 892-6445
KidSport Fund	(902) 368-4110
ParaSport & Recreation PEI	(902) 368-4540
Queens County Residential	(902) 566-4470

## STRATFORD RECREATION FACILITIES:

Stratford Youth Centre	(902) 569-3305
Cotton Centre Seniors Room	(902) 569-3424
Stratford Recreation Centre	(902) 569-2535
MacNeill Community Centre	(902) 569-4987

## TOWN ADMINISTRATION:

Reception Desk	(902) 569-1995
Chief Administration Officer	(902) 569-6251
Infrastructure	(902) 569-4662
Finance	(902) 569-6254
Utility Billing Inquires	(902) 367-3228
Planning, Development & Heritage	(902) 569-6255
Recreation, Culture & Events	(902) 569-2535

## STRATFORD RECREATION STAFF:

Jeremy Pierce, Director	(902) 367-4288
Rachel Arsenaault, Recreation Coordinator	(902) 569-6924
Tanya Craig, Recreation Program Leader	(902) 569-6925
Recreation Administrator	(902) 569-6250
Duane Pineau, Youth & Family Coordinator	(902) 367-3294

## SCHOOLS:

Glen Stewart Primary School	(902) 569-0550
Stratford Elementary School	(902) 569-7750
Birchwood Junior High School	(902) 368-6870
Charlottetown Rural High School	(902) 368-6905

See your  
business  
here in the  
next issue.

Contact Wendy at  
wwatts@townofstratford  
to learn more  
about advertising  
in Town Talk!



Stratford's Own...

*For Her!*

902-370-7200

f @stratfordsownforher

25 Hopeton Rd., Stratford

STRATFORD'S OWN

BARBER SHOP

902-370-CUTS (2887)

f @stratfordsownbarbershop

THINK!  
STRATFORD!



# Take the Bus

## Senior

One way fare \$2  
Sheet of 6 senior tickets \$9\*  
Monthly pass \$40.50

## Children

6 - 12 (with adult) \$1  
Under 6 free

## Adult

One way fare \$2  
Sheet of 10 adult tickets \$18  
Monthly pass \$58.50

## Student

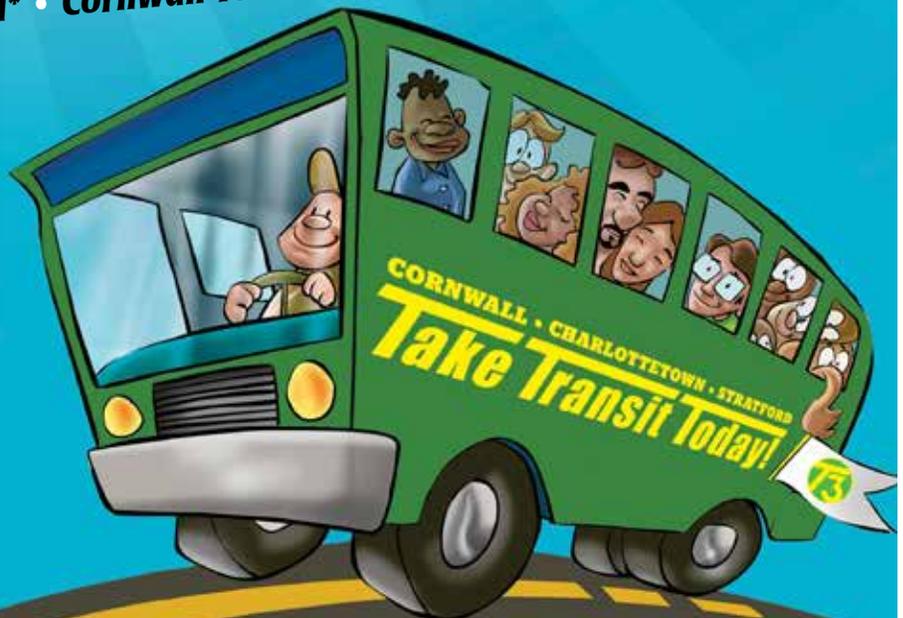
Monthly pass \$40.50

Transit passes and adult tickets available at:

Shoppers Drug Marts • T3 Transit/Maritime Bus - 7 Mt. Edward Rd.\*  
Charlottetown City Hall\* • Cornwall Town Hall • Stratford Town Hall\*

\* Available at  
Murphy's Parkdale Pharmacy,  
Shoppers Drug Mart Queen Street  
and from bus #5 driver.

566-9962 (ext. 105)  
www.t3transit.ca



# A DAY IN THE LIFE OF STRATFORD July 1, 2019

The Town of  
Stratford invites you  
to grab your camera  
and document a  
moment in your  
daily life within a .....



## GUIDELINES

- Photographs must be taken during:  
Sunday, June 30, midnight -  
Monday, July 1, midnight
- Submit your images by:  
Friday, July 5, 12:00 noon
- No restrictions on subject matter

## SUBMISSION

- Submit up to 10 images
- File format should be JPEG
- Images 40MB or less
- Email Images to:  
[tcraig@townofstratford.ca](mailto:tcraig@townofstratford.ca)

## THE EXHIBITION

Opening:  
Thursday, July 11  
6:30 pm to 8:00 pm  
Southport Room  
Town Centre



## Special Instructional Photography Sessions with: Brady McCloskey

[bradymccloskey.com](http://bradymccloskey.com)

DSLR settings, lighting, composition, & more.

Tuesday, June 11 & Thursday, June 13, 6:30 - 8:30pm

Southport Room, Town Centre

Registration fee \$20.00/per/session

(Pre-registration & Payment Required)

For more information or to register for a  
Photography Session please email  
[tcraig@townofstratford.ca](mailto:tcraig@townofstratford.ca) or call 902-569-6925