



NEW RESIDENT MEETUP

Are you new to the Town of Stratford? Then, this is for you! Learn about the New Resident Meetup on page 13.



HERITAGE

Read about local Mi'kmaq sisters who served in the Second World War and find out about the unveiling of our new interpretive panel on page 7.



HUMAN LIBRARY (FALL FEST)

Part of our Fall Fest event, this initiative will be unlike any other! Read more about it on page 13.



TownTalk

BUILDING THE BEST COMMUNITY POSSIBLE

WWW.TOWNOFSTRATFORD.CA

FALL 2023 EDITION

Cotton Park in COLOUR!

Visit Cotton Park to view the latest Community Art installed in the Town!





MAYOR'S MESSAGE



Contact information for councillors is available on our website: www.townofstratford.ca

Wow! What a summer! I hope everyone got as much joy and satisfaction from the past few months as your mayor and council. It was so great to see construction begin on our new community campus and high school, waterfront park, new active transportation connections, a new water tower, and many other long-awaited projects. As well, the Gray Group is beginning the development and building of the future downtown Stratford. It is very gratifying to see the realization of a lot of planning, visioning and hard work by staff, this council, and previous councils on this project.

This fall, council, staff, and I will be mapping out priorities for this term of council and laying the groundwork for the 2024/2025 budget. Residents are asked to consider how they would like to see their tax dollars spent. Input from residents and the recent annual resident survey results will help guide the budget discussions. Thank you for taking the time to share your views. There is a wealth of expertise, experience, and great ideas in the residents of Stratford, and we really appreciate you sharing it to make our community better.

Adequate affordable and attainable housing is a top Town priority. We have been working with developers, Federal and Provincial government representatives, social and co-op housing advocates, and service groups to address this great need in our Town. The Shape Stratford initiative aims to identify barriers to development and propose solutions. As part of the project, there has been a great deal of analysis and research which will be invaluable during the current review of the Town's Official Plan.

I look forward to seeing many of you this fall throughout the community, whether at Town events such as our upcoming New Resident Meetup, Fall Fest, or Remembrance Day, or just in passing. I hope you enjoy the turning of the season. Have a great autumn in Stratford!

Sincerely,
Steve Ogden, Mayor

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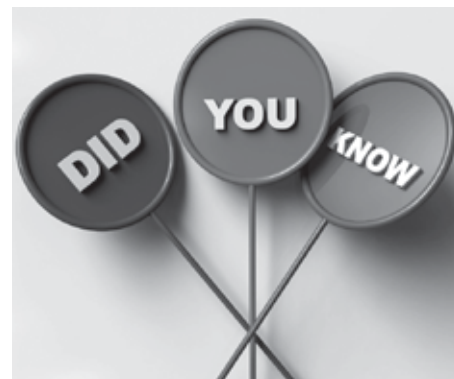


Stay up to date on all the news, events and programs happening in the Town of Stratford. Sign up for the Town of Stratford's bi-weekly email newsletter.

To join our mailing list go to www.townofstratford.ca, click E-Services on the menu bar and then E-newsletter to add your e-mail address to our email newsletter.

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INFRASTRUCTURE DEPARTMENT



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Fall is the time of year when wildlife may start looking for winterized accommodations. Help protect your home by making sure all windows, doors, and other gaps and cracks are secure and ensuring you do not leave food, water, or shelter accessible to them.

WHILE EVERY EFFORT IS MADE TO ENSURE THAT THE CONTENT IN THIS EDITION IS ACCURATE AND RELIABLE, WE CANNOT GUARANTEE IT, AS WE MAY BE REQUIRED TO MAKE CHANGES TO OUR OPERATIONS OR PROGRAMMING DUE TO FACTORS BEYOND OUR CONTROL.

FOR UPDATED INFORMATION, PLEASE CALL US AT 902-569-1995 OR FOLLOW US ON SOCIAL MEDIA.

The Infrastructure department is busy this year, either directly or indirectly, with numerous projects, which are at different stages of development. Some of these projects include Reddin Meadows, Irving Avenue apartments and commercial space, Shakespeare Drive extension, Southside Greens off Stratford Road, Chen Sun subdivision off Mason Road, and the Community Campus roads, walking path and servicing.

> Waterfront Park

Work will begin soon on the installation of the new wooden boardwalk along the shore front, which is expected to be completed later this fall.

> Sewer Forcemain & Lift Station Upgrades

Work has begun to upgrade the Corish sewer lift station at the corner of Kinlock and Keppoch Road as well as the Bunbury Road sewer lift station. The Utility recently tendered for sewer forcemain design work to redirect sewer from the Pondside lift station. This work is necessary to accommodate continued development within the Corish sewer lift station sewer shed. The Town has also applied for funding under the disaster relief program to add backup generators at four other sewer lift stations throughout the Town.

> Reservoir Project

The Utility is in the process of adding an additional water reservoir beside the existing one on Georgetown Road. Installation work has begun, and it is expected to be completed later this fall.

> Maintenance

Staff have been busy all summer maintaining grass, flowers, buildings (both inside and out), parks and playing fields. As the town grows, so does our infrastructure and maintenance workload.

The dry storage building at Cotton Park was relocated to allow for additional parking. Furthermore, a concrete floor is planned to be installed in the dry storage building at the maintenance garage on Hollis Avenue.

The Town is looking to pave parking lots at Cotton Park and at the Town maintenance building. Final tender prices will determine the scope of work within the budget. The Town purchased an additional tractor and trail groomer this summer and replaced one of the truck maintenance vehicles.

> Active Transportation Paths

This summer has been a busy one for trail work in Stratford. A newly paved Active Transportation path is being constructed as part of the Phase 1 community campus work. This will connect Bunbury Road to Hollis Avenue. Contractors have also completed the widening and paving of over 2 km of Trans Canada Trail that runs through Stratford.



INFRASTRUCTURE DEPARTMENT

> Active Transportation Plan Review

The Town recently completed an Active Transportation review to update the original Active Transportation Plan. This report is now finalized, and moving forward, will provide factual data and analysis to help guide staff and council in determining which projects are selected and budgeted for work each year.

> Speed Humps & Speeding

The Town continued to install temporary speed humps throughout the summer to increase safety on the streets. We have developed a new Request For Speed Hump policy to help streamline the request process. Staff use provincial standards industry guidelines and factual radar data to determine if speed humps are permitted on a particular street or if speeding is limited to a small number of cars as opposed to a larger speed issue. As always if you see speeding in your area, please contact the Stratford RCMP at 902-367-9300.

> Town Roads, Streets & Ditch Infilling

All roads, streets and ditches in Stratford are owned by the province. As fall and winter approach, please keep in mind that the Province is responsible for clearing snow from the streets and keeping storm water drains clear.

Please note that any issue with snow clearing on the streets or storm water back-ups can be directed to the Provincial Department of Transportation, Infrastructure and Energy at 902-368-4770.



EMERGENCY PREPAREDNESS

If an emergency happens, it may take emergency workers some time to reach you. These emergencies can be anything from power outages to storms, or blizzards in winter.

Having a 72-hour emergency kit can help you take care of yourself and your family until help reaches you!

Create your own emergency plan and 72-hour emergency kit TODAY! Visit the Province's website to access 'Your Emergency Preparedness Guide' to get started.

DID YOU KNOW?

Sump pumps should not be connected to the municipal sewer system as stated in the Town's Water & Sewer Customer Service Regulations Bylaw.

It is prohibited to discharge storm water, ground water, water used for heating and cooling, etc. into the sanitary sewer system. There is a cost associated with the treatment of sewage and minimizing the amount of discharge that does not require treatment is both cost-saving and efficient.

Motorized vehicles are NOT permitted on any Town of Stratford trails at any time of year.

Please help us spread the word and remind everyone.

How can you help?

If you encounter a motorized vehicle (ATV, snowmobile, dirt bike, etc.) please contact the RCMP with a description of the driver, vehicle, time of day, direction of travel, and anything else that may be helpful in identifying them.

PLANNING, DEVELOPMENT AND HERITAGE UPDATE



DO YOU NEED A PERMIT?

Call the Town of Stratford to be sure. Staff can assist and advise you of the requirements before your project – big or small – begins!

BUILDING INSPECTOR

Should you have any questions relating to building permits or the National Building Code, please contact our Planning Department at 902-569-6255.

WHERE CAN YOU FIND BYLAW INFORMATION?

A copy of the Building Bylaw, application forms, and Fee Bylaw can be found on the Town's website, or you can pick up copies in person at the Planning Department, located within Stratford Town Centre.

> The Building Bylaw and National Building Code

In the spring of 2020, the Town of Stratford adopted a new Building Bylaw (Bylaw #50), which included the adoption of the 2015 National Building Code and the 2017 National Energy Code of Canada for Buildings. The Building Bylaw is enforced through scheduled inspections during construction at various stages of completion. These inspections will verify work against the approved submitted plans and against the NBCC.

Any new application for a single detached development requires the following information:

- Development Application Form
- Utility Application Form
- Entrance Way Application Form

> Development Permits

From January to June 2023, the Planning Department has issued a total of 73 development permits. The following Table shows a summary of development activities between January and June 2023.

SUMMARY OF DEVELOPMENT PERMITS January 2023 to June 2023

Permit Type	No. of Permits	Estimated Value
Single Family Residential	6	\$4,290,000.00
Residential Additions, Renovations, and Demolitions	9	\$3,117,050.00
Semi-Detached/Duplex	6	\$3,260,000.00
Townhouse	6	\$6,940,000.00
Apartment	0	\$0
Accessory Buildings	11	\$508,600.00
Accessory Structures (pools, decks, fences)	26	\$712,478.00
Other (signage, demolition, etc.)	5	\$82,500.00
Commercial (new, renovations, additions)	4	\$950,000.00
Industrial (new, renovations, additions)	0	\$0
Institutional (new, renovations, additions)	0	\$0
Totals	73	\$19,860,628.00

- Completed Deck Pamphlet (if using Helical Piles, an engineer stamped helical pile design is required)
- Building Plans, including, floor plans, elevations, and cross-section
- Truss Package, including, layout and individual truss design
- Site Plan/Grading Plan
- Letter of Authorization
- Additional information may be required

*** Please note that preliminary plans will no longer be accepted***

To ensure that your permit is ready in time for your project start date, please submit your complete application as early as possible to allow staff time to process it. Missing documents may cause delays in processing your permit.

PLANNING, DEVELOPMENT AND HERITAGE UPDATE

> Local Mi'kmaq Sisters Serve in the Second World War



Rachael Thomas (back left) and Blanche Thomas (front left), Canadian Women's Army Corps, Germany

No other community on Prince Edward Island had a greater percentage of its population serve in both World Wars than the Mi'kmaq. From a population of about 170 on Lennox Island, 32 enlisted in the First World War, and 34 served during the Second World War. Among these, there were but two women: sisters Rachael and Blanche Thomas.

Rachael and Blanche were the daughters of Michael and Mary Ann Thomas of Lennox Island. Michael had been a top distance runner. Mary

Ann was the eldest daughter of Chief Isaac Peters. Michael and Mary Ann were married in 1913, and daughters Rachael and Blanche were among their eight children.

Around 1929, the Thomas family, seeking a better living and educational opportunities, left Lennox Island and moved to a small two-room house in Southport (Stratford). Rachael and Blanche Thomas were born just two years apart and shared similar experiences. Both girls attended Rochford Square School, a Catholic girls' school in Charlottetown. Both Rachael and Blanche continued their education at Charlottetown's Union Commercial College.

In 1942, Blanche was one of 500 women from the Maritimes enticed to work in a large munitions factory in Ajax, Ontario. Then, on 13 November 1942 amid the Second World War, Blanche followed Rachael's lead by signing up with the Canadian Women's Army Corps.

For the full story of Rachael and Blanche Thomas, visit the Heritage, History, and Culture section of the Town of Stratford website.

NEW STRATFORD HERITAGE INTERPRETIVE PANEL UNVEILING

All are welcome to attend the unveiling of a new interpretive panel honouring the service of Mi'kmaq sisters Rachael and Blanche Thomas.

When: Aboriginal Veterans' Day, November 8, 2023

Time: 12:30 PM

Location: Veterans Memorial Green, Stratford Town Centre

Notice to Residents

Many residents enjoy a backyard fire this time of year but we are asking you to consider your neighbours when doing so. Some residents have allergies/sensitives to wood smoke which is often increased on low pressure or windy days when the smoke may not be able to rise into the atmosphere as quickly or directly as on other days. Please consider the comfort of all around you.

In accordance with the Town of Stratford Noise & Nuisance Bylaw residents should also note that the burning of wood is only permitted in enclosed outdoor fireplaces with built in chimneys. Complaints should be directed to the RCMP who are contracted to enforce the Noise & Nuisance Bylaw in the Town of Stratford. Please follow all provincial fire burning advice and check the fire weather index for potential fire bans before having your next outdoor campfire.



OFFICIAL PLAN REVIEW UPDATE

It is anticipated that a full Official Plan and Bylaw Review will commence in 2024 to modernize both documents and to reflect the "vision" for the Town.

ENVIRONMENTAL SUSTAINABILITY



DID YOU KNOW? THERE ARE MANY SUSTAINABILITY PROGRAMS AVAILABLE FOR RESIDENTS!

Reach out to our Environmental Sustainability Coordinator at mcrowell@townofstratford.ca or 902-218-3336 to participate in any of the following:

- Toilet Rebate Program
- Showerhead Exchange Program
- Water Audit Program
- Switch Program concierge service and free home energy audit (financing not available at this time)
- Residential Tree Planting Program
- Community Garden plots

> Facelift at the Community Gardens!



The original section of Stratford's Community Garden's is now 10 years old and was in need of repairs this year. To keep the gardens looking good and ensure they are safe for users, staff spent part of the summer completing improvement work, including laying an entire new layer of woodchips, replacing edge boards, repairing fruit trees after Hurricane Fiona, and many other smaller repairs. The gardens host close to 90 individual gardeners, and also provide produce that is given away to residents in need. The Community Garden typically operates with a waiting list, so if you are interested for 2024, reach out today!

> Residential Tree Planting Program

The third year of the Residential Tree Planting Program has wrapped up, with another 50 trees planted in residential front lawns. Though staff anticipated an increased interest in the program this year due to Post Tropical Storm Fiona, there was a similar rate of uptake as in the past two years of the program. A diversity of species was planted this year, including red oak, red maple, American elm, sugar maple, and white spruce, among others. Most residences in Stratford that participated in the program pose the challenge of poor soil and full sun, making species selection important! The program is anticipated to run again in 2024 and a waiting list is available now.

> Gardening Tips from the Town's Horticulturist

By now the leaves may be starting to fall and the days are getting cooler and shorter. Some of you may prefer autumn more than the heat of the

summer but either way, there is much to look forward to each fall!

If you planted a vegetable garden this year, much can be picked at this time to put into storage, canning, or using your favourite pickling recipe. While harvesting your vegetables, it is best to either pick your vegetable/fruit early in the day or evening. This will ensure your produce stays crisp and lasts longer in storage. Once the harvest is complete and all vegetables are removed from your garden, it is a great idea to remove any weeds, garden debris and make possible amendments to your soil before next season. You can even use some of your pumpkins, gourds, and cornstalks to make a stunning display!

When it comes to pruning trees and shrubs in the fall, keep in mind bloom time. For some plants, careful trimming prunes away old growth to make room for the new and encourages flowering. Pruning can also make plants hardier and help them over the winter. The best time to prune a flowering tree or shrub is right after it has bloomed. This will also keep away unwanted insects and lessen the risk of disease. Trim away any broken branches and prune/thin where needed. Before the winter, it is essential to ensure that your trees have enough moisture, especially evergreens. This will ensure optimal health for the next growing season and protect them through their winter dormancy. Set up blinds or burlaps to protect vulnerable evergreens from wind/snow injury.

Other gardening tasks such as pruning back some perennials, disposing of diseased foliage, and planting spring blooming bulbs such as tulips and daffodils can be done in the fall as well. Some may choose to leave a few perennial stalks such as sedum or astilbe as they provide food for wildlife during the winter.

Fall is also a good time to evaluate which plants should be moved to a better location; plants that need to be divided and planting varieties that will add various colours to your landscape. Start to imagine next year's garden, it's never too early!

RECREATION, CULTURE & EVENTS

STRATFORD YOUTH CENTRE

The Stratford Youth Centre offers youth in Grades 5-12, a safe and supportive environment to participate in at the social and recreational centre, in various clubs, and special events to engage them. In turn, this encourages social growth and helps develop self-confidence and skills to prepare youth for their future. The Centre guides members to focus on volunteering, empowerment, community engagement and provides youth with an opportunity to voice their concerns about the community and show that they can really make a difference.



Membership allows access to the Youth Centre, numerous clubs and events, as well as an opportunity to participate in regular weekly member meetings. There is no cost for youth to join the Stratford Youth Centre. All members must help out with regular fundraising and volunteer opportunities within the community to maintain their membership. Parents are strongly encouraged to become involved with the Youth Centre and attend regular parent meetings.



Members are asked to commit to a minimum of 20 volunteer hours with the Stratford Youth Centre every year to maintain their membership. This may include working at an event, assisting nonprofit organizations, and fundraising. All volunteer hours that are collected by members are recorded and can be used on a resume as a valuable life experience as they approach adulthood. Upcoming volunteer opportunities will be included in parent emails and weekly member meetings.



Stratford Youth Centre members are also eligible to earn special prizes and awards for their volunteer service with the Stratford Youth Centre.

We are always looking for new youth members. If you would like to become a Stratford Youth Centre Member, volunteer or if you have any questions, please contact Duane at 902-367-3294 or by email at dpineau@townofstratford.ca.



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Every year, the Town of Stratford has been commissioning and installing public art to enrich, engage, and inspire the community in a meaningful way.

The latest to be installed is the Outdoor Art Gallery (at Cotton Park) by artist, Ryan McAdam-Young!

The Town has also installed QR codes at some of these locations to encourage visitors to scan them using their smartphone devices and be directed to the Town's website for a full list of the town's community art collection.

This fall, we encourage you to use this list for a 'treasure/art hunt' that the whole family can enjoy!



RECREATION, CULTURE & EVENTS

YOUTH PROGRAMS

> Let's Get Creative Youth Art Classes

Saturdays from
October 7 to December 16
Ages 5-9: 12 - 1:30pm
Ages 10-15: 2 - 3:30pm
Stratford Town Centre
Cost: \$200/student

These classes led by Ryan McAdam Young, artist and creative educator, are meant to foster creativity and connection for youth by engaging them in fun arts and crafts projects.



> Instructional Ice Hockey "Skills and Drills"

Saturdays from 7:10am to 8:10am
October 07, 2023 - March 30, 2024
Location: Pownal Rink
Participants can be Grades K-6
Cost is \$70 per participant

The Youth Ice Hockey program is available to children who are not currently involved in a minor hockey program, to enjoy recreational play. Space is limited to 25 participants. Mandatory equipment includes helmet, neck protector, stick, and skates.

ADULT PROGRAMS

> Shibori Dyeing Workshop

Saturday, September 16, 2023
9:00 am - 4:00 pm
Location: Gertrude Cotton Building
Cost: \$75/person (supplies included)

This one-day workshop is ideal for those who cannot commit to weekly classes. Learn some new skills and have fun with other participants!

> Drawing Classes

Mondays from 7:00 - 9pm
October 16 - December 18
Location: Online
Cost: \$25/person (supplies not included)

Stay in and learn how to draw online! Tricia MacNeil Baldwin, our Artist in Residence, will guide you to execute your drawing with confidence.

> Beginner Watercolour Painting Classes

Tuesdays from 7:00 - 9pm
October 10 - December 12
Location: Online and in-person (Gertrude Cotton Building)
Cost: \$75/person (supplies included)

This program is aimed at anyone interested in learning watercolour and will include step by step exercises to help you complete your watercolour paintings on your own and with confidence.

> Intermediate Watercolour Painting Classes

Saturdays from 10:00 - 12:00pm
October 7 - December 16
Location: Online
Cost: \$25/person (supplies not included)

Ideal for those with prior watercolour painting experience!

> Urban Sketching

Wednesdays from 7:00 - 9pm
October 11 - December 13
Location: Online
Cost: \$25/person (supplies not included)

You will get to learn and practice line and colour techniques, perspective, linework, colour and texture, framing and depth, colour theory, working in grayscale and much more!

> Art Club

Thursdays from 7:00 - 9pm
October 12 - December 14
Location: Gertrude Cotton Building
Cost: \$65/person (supplies included)

These fun and relaxing art and craft making classes are for all levels and abilities!



> Co-Ed Badminton

Wednesdays from 8:15 - 9:45pm
September 13 - December 27
Location: Stratford Town Centre
Cost: \$23.00

Recreational badminton league for those 18+ years of age. Fun and social co-ed badminton program is open to all skill levels and abilities.

> Co-Ed Recreational Volleyball

Mondays from 8:15 - 9:45pm
September 11 - December 18
Location: Stratford Town Centre
Cost: \$30.00

Recreational volleyball league for those 18+ years of age. This fun and social program is open to all skill levels and abilities.

> Recreational Basketball

Tuesdays from 8:15 - 9:45pm
September 12 - December 19
Location: Stratford Town Centre
Cost: \$30.00

Recreational basketball league for those 18+ years of age - everyone is welcome to come and play. All levels encouraged in this "for fun" league!



> Pickleball

This program is for all skill levels (beginner to advance play together) and considered non-competitive. Pickleball is a paddle sport that combines elements of badminton, tennis, and table tennis. The basic equipment (ball & net) is provided by the Town of Stratford. Every ability is welcome and open to 16+ years of age. Must have your own racquet! Various days & times available.

Program Registration

You can register for recreational programs with the Town Centre Attendants at the Recreation Reception Desk. You can also view upcoming programs and registration dates and create a personal account to register or pay for the program you'd like to sign up for directly from our website at www.townofstratford.ca. If further information is required, please call 902-569-6250.

NEED ADVICE ON YOUR ENERGY PROJECT?

Did you know that through the Switch Stratford program, you can talk to an advisor on the phone about your home energy project. They can provide guidance on the many financing and rebate programs available and can discuss the details of your project if you are unsure of the next steps. Reach out to Switch Stratford at 902-706-4042 or info@switchstratford.ca.

RECREATION, CULTURE & EVENTS

Town of Stratford is hiring
Teaching Artists

Send us your proposal/application to apply!
Visit www.townofstratford.ca for more information on how to apply.

If you have questions, please call (902) 569 6925 or email Tanya Craig at tcraig@townofstratford.ca.

Town of Stratford will be receiving applications year-round and selections will be made ahead of fall, winter, and spring programming.

Hours of Operation:

Regular hours (Sept - June)
Monday to Thursday: 6:00 am - 10:00 pm
Friday: 6:00 am - 9:00 pm
Saturday & Sunday: 8:00 am - 6:00 pm

Summer hours (July - Aug)
Monday to Thursday: 6:00 am - 10:00 pm
Friday: 6:00 am - 9:00 pm
Saturday & Sunday: 9:00 am - 4:00 pm

Statutory Holiday Hours:
12:00 pm - 5:00 pm

TOWN CENTRE GYM, WALKING TRACK & FITNESS CENTRE

Town of Stratford
ARTIST BURSARY

The Town of Stratford is pleased to offer bursaries to help support artists/artisans living in Stratford as they continue their education and skill development.

Bursaries are a maximum of \$1,000.00 annually for full-time, part-time and short-term studies.

Apply by February 1, 2024 by 12:00 pm (noon)

Visit www.townofstratford.ca to learn about eligibility and how to apply.

2023 TOWN OF STRATFORD SENIOR, ADULT AND YOUTH VOLUNTEER OF THE YEAR AWARD

Volunteers are – and always will be – an essential part of our community. This year, on Canada Day, we recognized some of these amazing individuals.



AVERY BLAXLAND

(SENIOR VOLUNTEER OF THE YEAR)

Avery has been a dedicated and instrumental member of the Stratford and Area Lions Club for 47 years!

Always ready to pitch in and help others, his dedication to our community never ceases to amaze his Lion family (and others like us)!

Thank you, Avery, for being an all-around great community person and touching the lives of so many!



FARAHNAZ REZAEI

(ADULT VOLUNTEER OF THE YEAR)

Farahnaz volunteers on the Town's Diversity and Inclusion committee and several not-for-profit organizations on the island! She's passionate about making a difference in the lives of others and a strong advocate for gender equity, diversity, and multiculturalism.

Thank you for all the work that you do in Stratford and beyond, Farahnaz - we're lucky to have you in the community



ZOE SHARPLEY

(YOUTH VOLUNTEER OF THE YEAR)

Zoe has volunteered hundreds of hours through the Stratford Youth Centre, including fundraising to help other not-for-profit organizations and those in need! Zoe also mentors younger volunteers, setting an example for others interested in giving back to their community.

Thank you for being such a great role model, Zoe! We can't wait to see how far you go!

Congratulations to the 2023 winners of the 'Water's Cool' Water School who will be featured in the upcoming 2023/24 calendar.



- July - **Kohen Burgess**
- August - **Lena DeCoster**
- September - **William Driscoll**
- October - **Soraya Player** (calendar cover winner)
- November - **Sawyer Stewart**
- December - **Levi Trainor**
- January - **Atira Wong**
- February - **Sophie Spilchen**
- March - **Nina Palmer**
- April - **Sully Campbell**
- May - **Matthew MacDougald**
- June - **Adela Hanzl**

The Town recognized the recent Canada Winter Games athletes from Stratford for their excellence and commitment to their sport.



- Haiyue (Henry) Dong**, Badminton
- Lucas MacDonald**, Judo
- Frida Schneider**, Fencing (women's sabre)
- Mara Duncan**, Wheelchair Basketball
- Juliet Trainor**, Wheelchair Basketball

The Town was pleased to recognize and award Holly Smith, a Stratford resident and volunteer, for her 15 years of dedication to the Town of Stratford's Active Transportation Sub-Committee. Through this committee, Holly has been involved in major town projects, such as advocating for the dedicated AT path across the Hillsborough Bridge and more recently, the development of paved multi-use paths like the Trans Canada Trail.



DIVERSITY AND INCLUSION

This section is brought to you by the Town of Stratford's Diversity and Inclusion Committee.



Town of Stratford is a welcoming and inclusive community, and in this edition of Town Talk, we would like to recognize our **Nigerian** community members and celebrate their rich culture.

Nigeria is often referred to as the "Giant of Africa," for its abundant natural resources and home to over 200 million people from over 250 ethnic groups, each with its distinct and unique language, customs, and traditions.

Here are some interesting facts about Nigerian customs, along with some great conversation starters:

- In Nigerian society, the family is the central institution and is guided by hierarchy and seniority. Strong importance is placed on family values, community, and respect for elders. Driven by a strong tradition of mutual caring and responsibility, extended family work as a unit through the life of the individual.
- DYK? The Nigerian flag is divided vertically into three equal parts; the centre section is white and is flanked by two green sections. The green represents natural wealth and agriculture, while the white stands for unity and peace.
- The country is well known for its abundant resources: over 40 mineral resources, ranging from industrial metals to precious stones, and petroleum crude oil, making Nigeria one of the leading oil producers globally and accounting for approximately 94% of total exports.

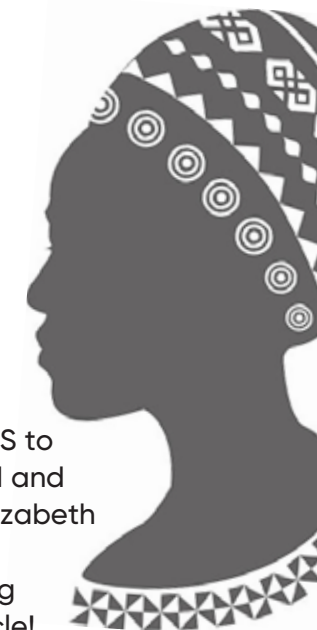
- Nigeria is also known as an agricultural society, with roughly 70% of its population engaging in small-scale agricultural production. The country enjoys nutrient-rich soil that is beneficial to crops.

- The country's diversity is reflected in its cuisine, a fusion of different regional and ethnic dishes, and is known for its bold flavours and spices. Some examples are jollof rice, *suya* (made with thin strips of seasoned grilled beef), *egusi soup* (ground melon vegetable soup) and more!

- Different ethnic groups in Nigeria have unique traditional clothing that represents their cultural identity, religion, or the holiday they are celebrating. For example, men in the *Hausa* and *Yoruba* communities wear a robe called *agbada*, which consists of a full gown, a long-sleeved shirt, and slim-fit trousers called *Sokoto*. Women wear a *gele*, a head accessory, like a head wrap, for social occasions.

- While many festivals and holidays are observed throughout the year, some of the more popular ones include Yam Festival, Calabar Carnival, Osun Festival and many others!

Our THANKS to Kevin Lloyd and Abiodun Elizabeth Soyemi for contributing to this article!



NEW RESIDENT MEETUP

Are you a new resident in Stratford? Maybe you'd like to learn more about the Town and our recreation facilities and events or meet the many community groups and organizations in Stratford and find out what they have to offer?

Please join us from 10:00 - 11:30 am at the Stratford Town Centre (Southport Room) on Saturday, September 16, 2023, to meet with Town of Stratford Mayor and Council and other groups and organizations to learn more about your new community!

HUMAN LIBRARY

This event is brought to you by the Town of Stratford's Diversity and Inclusion Committee and the Stratford Public Library.

Come out and learn from a human instead of a book – Human Libraries are taking off all around the world and we look forward to bringing the first one to Stratford as part of Fall Fest!

Watch our social media for more information!

COMMUNITY CAMPUS UPDATE

PERMISSIONS TO USE TOWN FACILITIES

Groups and individuals who want to use Town facilities (which includes parks, playgrounds, and playing fields) for any reason must fill out an application and obtain permission from the recreation department. Town parks include all neighborhood parks and playgrounds as well as our major parks; Tea Hill Park, Pondsides Park, Kinlock Park, Robert L. Cotton Memorial Park, and Fullerton's Creek Conservation Park. Town facilities include Stratford Emergency Services Centre, Stratford Town Centre, MacNeill Community Centre, Bunbury Rink Building and Cotton Park buildings. Town facilities are available to groups or individuals on a priority basis.

The summer of 2023 is an exciting time for the Town of Stratford as work is well underway for the first phase of the Community Campus. The campus consists of approximately 170 acres between Bunbury Road and the Stratford Business Park, and at full build out is intended to include a multi-purpose wellness centre, sport fields, trails, new high school, and more. The property also provides for a small expansion of the Stratford Business Park.

Construction of the road and active transportation trail alongside, and the required utility services are being completed throughout the year, along with the Province of PEI beginning construction of the new Stratford High School. As was released in July, the Province of PEI is working towards a 2025 opening however it remains early in the process.

The Town of Stratford continues to explore funding opportunities and partnerships to be ready to proceed as funding becomes available and a community fundraising initiative will also be a component of the project.



> Stratfords of the World

As you read this, the Stratfords of the World Reunion in Stratford, Ontario is now over (August 2-9). If you see any of us who attended - Debbie Reid, Judy MacKenzie, Tom Green, Viola Evans-Murley, Elaine Gaudet, Shane Campbell or myself, please ask us about it and you might consider attending the next reunion in New Zealand in two years' time (dates not confirmed yet).

I have been fortunate to attend reunions in all 6 of the Stratfords - Ontario, PEI, Connecticut, UK, New Zealand, and Australia and enjoyed all of them immensely. They all have an admiration for Shakespeare and the performing arts and although the size and landscape may be different in each Stratford, the hospitality is amazing.



I am pleased to announce that Debbie Reid has assumed the chair position of the Stratfords of the World in PEI. Although I enjoyed my time in this position and had lots of support from committee members and our Town, I felt it was time for someone else to take over as leader, one who has fresh ideas and is a strong ambassador for our Stratford and I know Debbie will do a great job. Please watch for her articles in Town Talk as she continues to update residents about the Stratfords of the World. I will remain as a committee member and will continue to support this wonderful organization.

Respectfully submitted by
Daphne Campbell, chairperson
Stratfords of the World - PEI
dxcampbell@live.ca

More Housing

Options

means

Seniors Stay Near Friends and Family

Let's talk solutions.

shape.townofstratford.ca



JENN REDMOND, MLA

I hope your 2023 summer was full of enjoyment of the warm weather, gathering with family and friends and the creation of many great memories. Like most, my summer was full of activity and spending some quality time with family and friends while working with our community members and preparing for the fall.



The last few months have been full of wholesome learning, collaboration, and the making of wonderful relationships. I have had the opportunity to attend community events such as the PEI Cricket Association's Confederation Cup Cricket Tournament Opening Ceremony, Mayflower Senior's Club Summer luncheon, Town of Stratford's Canada Day Celebration at Tea Hill Park, our very own District 5's Strawberry Social, and so many more. We are so fortunate to live in a community that values the importance of connectivity and engagement.

I have also had the great opportunity to meet with the Stratford Youth Council to hear about their priorities and improvement opportunities they would like to see for Stratford and the surrounding communities. It is so exciting to have these conversations and see how our youth are so full of passion, knowledge, and commitment to investing in the future of their home communities. These are our leaders for the future!

In July, I was thrilled to be a part of the unveiling of the new Stratford High School. This space is designed to inspire and empower our future learners. Having students be allotted the ability to learn close to home is so beneficial to their success. They will have the opportunity to learn in a new environment that features intentional collaboration areas for students to gather within the school, a large library, and a creative makers and trades area. There is great pride that comes from

the ability to learn and grow in your very own community, and I cannot wait for the doors to open.

Within my role as Minister of Workforce, Advanced Learning and Population, I have spent the summer meeting with stakeholder groups, department staff, and partnered organizations to ensure we are listening to their priorities and goals for the coming year. These conversations are essential to ensure we are working diligently to meet the needs of the workforce, supporting our post-secondary learners, and working with government departments to support our population growth.



As we continue to transition into the fall season, I wish everyone a safe and successful school year! We ask all drivers to please watch out for our students that are traveling on buses, in vehicles, and modes of active transportation. It takes everyone to ensure they get to and from school safely every day.

Please feel free to reach out anytime. I am here to help support this great community.

Your voice matters and I will be your strong voice with a purpose - to advocate for you and with you, to make Mermaid-Stratford, and our province, even better.

Let's make great things happen together! Thank you!

Sincerely,
Jenn Redmond

Jenn Redmond
MLA Mermaid-Stratford
Email: jredmondmla@assembly.pe.ca
Telephone: 902-213-9518

Stratford
Welcome, please
share our roads.


SLOW DOWN, MOVE OVER,
THINK OF OTHERS

RESPECT
IT'S A TWO WAY STREET

.....
IT'S BACK TO SCHOOL
TIME!

Watch for those big yellow buses; they are easy to spot, and they give motorists plenty of warning with yellow and flashing red lights. Be prepared to stop!

Kids are out and about – take note of crosswalk locations and be extra careful during school hours!

GET YOUR LAWN SIGN
OUT!

With school commencing, there is no better time to remind motorists to "slow down, move over, and think of others". Get your lawn sign out!



JILL BURRIDGE, MLA



Good day Stratford!

I am writing this on July 17th, knowing it will be delivered in or around Labor Day weekend. Keep that in mind as I work through this.

The last couple of months have been a steep learning curve. When they say information through a fire hose, they are not kidding. Minister of Finance is an important role saddled with incredible responsibility, but I am excited to be where I am. It was an honor to represent you in the Spring legislature. Health, housing, and affordability were the focus, which will come as no surprise to you all.

I want to take this opportunity to update you on a few of the developments we have had in health thus far, as I know it is important and a top priority to many in Stratford:

- **Atlantic Physician Registry** – This has been signed on and will create a greater ease of mobility for physicians within the region when opportunities arise.

- **\$5 Co-pays / High Cost Drug Program** – In a partnership with the Government of Canada, we reduced copays for commonly prescribed, eligible medications to \$5 for residents covered under the Seniors Drug, the Family Health Benefit, as well as the Generic Drug and Diabetes Drug programs. This includes medications used to manage mental health, cardiovascular disease and diabetes, and represents about 60% of prescriptions that Island residents use on a regular basis. Under this same partnership, we adjusted the High-Cost Drug Program to remove financial and administrative barriers for those in the lowest income brackets.

- **Internationally Educated Nurse registration** – The College of Registered Nurses and Midwives in collaboration with the Department of Health and Wellness (DHW) are streamlining registration processes so that qualified, competent registered nurses enter practice faster. Applicants will be from the Philippines, United States of America, India, United Kingdom, Australia, New Zealand, and Nigeria. It will decrease timelines for registration decisions from over 1 year to less than two weeks. Expected to start this summer.

- **Peer-to-peer virtual consult platform** – On June 13th, there were 93 registered users on Virtual Hallway, including 72 primary care providers (physicians and nurse practitioners) and 21 specialists. Primary care providers can schedule consults with Island specialists in the areas of ADHD (pediatrics), geriatric medicine, hematology – medical oncology, internal medicine, neurology, obstetrics and gynecology, orthopedics, otolaryngology, pain management, pediatrics, palliative care, psychiatry, urology, vascular medicine/surgery. The list of available specialists is anticipated to expand as use of the platform increases, including off-Island specialists.

- **Associate Physicians and Physician Assistants** – The College of Physicians and Surgeons of Prince Edward Island and Health PEI developed new regulations to support two new categories of health care providers within the system. Physician Assistants can assist in providing care and follow-up for patients as directed by fully licensed Physicians. The Associate Physician position will allow foreign-trained physicians who have completed their post-graduate training to apply for a license to practice in PEI as Associate Physicians. Other changes have also been made to facilitate ease of licensing including the removal of the requirement that a jurisdictional examination be completed prior to registration.

- **Expanded Pharmacy Plus** – Pharmacy Plus PEI program now includes assessment for hormonal contraception, impetigo, and shingles. Locally, we have exciting things happening, one being the new high

school construction starting. By the time you read this, I hope you have a better sense of what it looks like as the plans would have been presented to the public in an open house format.

The province has been very happy to support many active transportation projects in the community including the new pathway kicking off our waterfront development. We also have commitment from the Department of Transportation for the Pond projects in 2024 and that will be great to have done.

Stop by our district office in Stratford Town Centre or connect with myself or my assistant Danielle anytime if you need to chat about something. We are here to help!

Sincerely,
Jill Burrige

Jill Burrige
MLA District 6 Stratford-Keppoch
Email: jsburridgemla@assembly.pe.ca
Telephone: 902-213-2297

TOWN CENTRE GYMNASIUM

The Stratford Town Centre is open for Stratford residents to use seven days a week. The centre is equipped with a gymnasium, walking track, fitness centre, multi-purpose meeting rooms, change rooms, stage, and kitchen. Residents are welcome to use the fitness centre and walking track any time the building is open. Residents are also welcome to use the gymnasium during scheduled open gym times. Schedules are posted online at www.townofstratford.ca.

To book any of our meeting rooms or gymnasium for private use, please contact the recreation office at 902-569-6250. We ask that you please sign in and out with the gym attendants when using our facility.

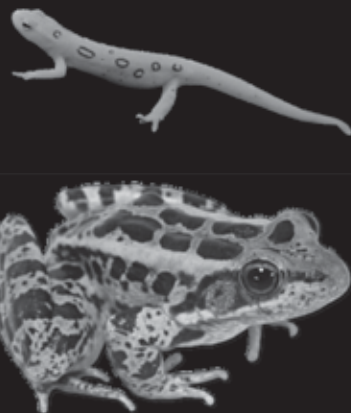
STRATFORD AREA WATERSHED IMPROVEMENT GROUP

SAWIG is a not-for-profit group dedicated to preserving and enhancing Stratford's diverse landscape and fostering interest and participation in watershed planning.

FOR THE LOVE OF AMPHIBIANS

Amphibians play vital roles as both predators and prey, and their sensitivity to environmental changes makes them excellent indicators of ecosystem health.

This year, at SAWIG, we're studying the presence and absence of amphibians across our watershed by using amphibian cover boards. We've distributed 4'X4' pieces of untreated plywood throughout our community, creating monitoring sites where amphibians can seek refuge. By observing and documenting their interactions with these boards, we can gain valuable insights into their populations and habitat preferences.



> Summer Highlight

During the summer, we partnered with the PEI Watershed Alliance to conduct bat monitoring surveys. Our method involved utilizing remote acoustic bat monitoring devices over four consecutive nights at four separate locations.



These Acoustic Recording Units (ARUs) allowed us to pinpoint the bat calls of different species and determine which were present. We also completed a mobile transect in addition to using the stationary ARUs.

Previous iterations of this project have successfully identified two species: the **little brown bat** (*Myotis lucifugus*) and **hoary bat** (*Lasiurus cinereus*). We're excited to continue our efforts in monitoring and protecting these fascinating and elusive creatures.



If you'd like to learn more about SAWIG's projects, you can find us here:

✉ stratfordwater@gmail.com

f Stratford Area Watershed

@stratfordwatershed

www.stratfordwater.com

(902) 367-3605

BECOME A MEMBER (IT'S FREE!)

As a member, you'll gain access to exclusive benefits, including event invitations, volunteer opportunities, and up-to-date information on all things related to the watershed. Join us today and become an integral part of our community's efforts to preserve and protect this invaluable resource.

> Thank You to Our Funders!

The PEI Watershed Management Fund - Town of Stratford - Environment Climate Change Canada - Nature Smart Climate Solutions - Canada Summer Jobs - SkillsPEI - Jobs For Youth - PEI Wildlife Conservation Fund - PEI Aquaculture Alliance - PEI Watershed Alliance - The Mi'kmaq Confederacy of PEI

> Water Quality Monitoring

One of the crucial responsibilities we have at SAWIG is to regularly monitor the water quality in various areas. This task involves conducting in-person assessments and installing temperature loggers in the water column. These loggers play a significant role in continuously tracking temperature changes throughout the summer season.



RCMP IN STRATFORD

> Strengthening Resilience: One Year After Hurricane Fiona - A Guide to Family Emergency Preparedness

As the one-year anniversary of Hurricane Fiona approaches, it serves as a powerful reminder of the importance of being prepared for natural disasters. Prince Edward Island, like many other regions, is not immune to the devastating impact of such events. We can all take proactive steps to protect our families and homes in times of crisis.

1. Develop an Emergency Plan:

The first step in family emergency preparedness is creating a comprehensive emergency plan. Sit down with your loved ones and discuss various scenarios, such as hurricanes, storms, or power outages. Identify safe meeting spots in your home and neighborhood, along with evacuation routes and emergency contacts. Assign responsibilities to each family member, considering the specific needs of children, elderly, and pets.

2. Build an Emergency Kit:

A well-stocked emergency kit can be a lifeline during disasters. Include essential items such as non-perishable food, water, flashlights, batteries, first aid supplies, medications, and important documents (e.g., identification, insurance papers). Rotate food items periodically to ensure freshness and update the kit as your family's needs change.

3. Stay Informed:

Being aware of potential threats is crucial for effective emergency preparedness. Install weather alert apps on your smartphones and stay tuned to local news and official advisories. Familiarize yourself with the community warning systems and understand the meanings of different alerts. In times of crisis, information is power, and staying informed can help you make sound decisions for your family's safety.

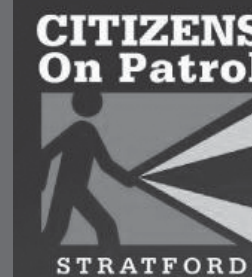
4. Secure Your Home:

Protecting your home is vital in mitigating the impact of natural disasters. Conduct a thorough inspection of your property and address any vulnerabilities. Trim trees and shrubs to reduce the risk of falling branches during storms. Secure outdoor furniture and objects that could become projectiles in high winds. Consider installing storm shutters or reinforcing windows and doors to safeguard against strong winds.

5. Practice Emergency Drills:

Regularly practicing emergency drills will ensure that your family members know exactly what to do when disaster strikes. Simulate various scenarios and time how quickly your family can assemble, follow evacuation routes, and reach safe meeting points. Practicing these drills will build confidence and reduce panic during real emergencies.

PEI RCMP encourages everyone to remember the lessons learned and work together to strengthen our resilience. Family emergency preparedness is not an option; it is a necessity.



Citizens on Patrol-Stratford (COPS) is a volunteer program designed to encourage residents of Stratford to contribute to the safety of their community. Volunteers are proud to support the excellent work of RCMP members in Stratford, by serving as an "extra set of eyes and ears" and reporting any observed suspicious activity. Committed to crime prevention, COPS volunteers patrol by car,

in pairs, in residential and business areas for one or two three-hour shifts a month on Friday and Saturday nights. COPS will also patrol on occasions such as prom nights and Halloween, and support Town of Stratford events and safety initiatives.

To be eligible to participate in the program, COPS volunteers must be at least eighteen years of age, undergo a criminal record check, and complete an

orientation of two evenings of supervised patrolling. If you're interested in learning more or would like to go for a ride-along with volunteers to experience a shift, visit our

website at

stratfordcop.wordpress.com

or email us at

copstratford@gmail.com

You can also follow us on Twitter @

COP_Stratford

DON'T FORGET YOUR RAIN BARREL

As you complete your fall clean up, please remember to prepare your rain barrel for the winter by placing it upside down or storing it in a location where it will not collect water. Rain barrels left in place will fill with water, freeze, and then likely crack when temperatures warm again.



PLEASE NOTE!

Remember to change the batteries in your smoke alarm this fall when you change your clock!



STRATFORD PUBLIC LIBRARY



HOURS OF OPERATION:

Monday:	Closed
Tuesday:	9:30am - 8:30pm
Wednesday:	9:30am - 8:30pm
Thursday:	9:30am - 5:30pm
Friday:	9:30am - 5:30pm
Saturday:	9:30am - 5:30pm
Sunday:	Closed

It's a great time to discover Libby, the Overdrive app that gives you access to our ebook and audiobook collection. Visit peipls.overdrive.com/ to check out some of the thousands of titles that are available without a trip to the library!

Get your FREE library card in person, or online anytime!

Did you know you can borrow tools, bike repair kits, mental health information kits, instruments, a telescope, snowshoes and more at the library?

Check out our Facebook page "[PEI Public Library Service](#)" or website "library.pe.ca" for event details, collection information, book recommendations and so much more!

LIBRARY EVENTS

> Monthly Nature Club

Stories and nature-themed activities in the beautiful parks of Stratford. Registration required. Ages 6-12

> Wiggle, Giggle, Read

Songs and rhymes for babies and toddlers. A gentle way to introduce little ones to the library. Ages 0-3

> Family Storytime

Stories, songs, and rhymes for kids and their grown-ups! Ages 3-5

> PD Day Fun Day

New tech, science or art experiments, activities and fun every No School Friday! Call the library for more information. Ages 6-12

> Sensory Friendly Storytimes

This storytime is open to all children, and especially geared to children with sensory challenges. If your child has difficulty sitting through our other storytimes, this program of stories, songs and activities may be just what you are looking for! Registration required. All Ages

Book Clubs and more!

Ask about our program details or register by calling 902-569-7441, email stratford@gov.pe.ca, or drop in for a chat!

TOWN OF STRATFORD REGULAR OFFICE HOURS

Town offices will go back to regular hours of 8:00 am to 4:30 pm, Monday through Friday, starting October 3rd.

STRATFORD LIONS CLUB



We hope you all had a fantastic summer! The Lions Club activities slow down slightly in July and August as members enjoy family time and rejuvenate before the busy fall. We still have our crib nights every Wednesday from 7:30pm at Cotton Centre. All are welcome to come with a partner or we will pair you up with someone if you come on your own. Admission is \$8 and you may end up winning one of the great prizes! Our ceilidhs also happen every third Tuesday of the month at 7pm at Cotton Centre and a light meal is served. Admission is \$10 for a fun evening with local entertainers taking to the stage with great toe tapping music. A list of local entertainers is kept updated on our Facebook page.

We are currently in the midst of our apple pie project and bagged apple sale. This project cannot happen without the dedication of our members as it takes countless hours to make these pies from scratch! Half of our members peel and slice apples all afternoon, then early in the evening the other half of the membership turn the service building into a pie building assembly line! Our 9-inch-deep dish apple pies are available freshly baked, frozen uncooked and for your convenience already frozen and cooked. We also sell 5lb bags of apples at a great price. Just watch for the flashing light at our sales building on the corner of Mason Road and Trans Canada Highway from Thursday to Saturday to pick up a pie to enjoy and some for the freezer for a treat during the winter months.

Our fundraising breakfast for the school breakfast program is back! We will again be hosting the pancake breakfast at Stratford Town Centre with all proceeds going to Glen Stewart and Stratford Elementary schools. The club covers the cost of materials and food for this worthwhile cause. Tickets will be available through the schools, club members, or at the door.

With this Town Talk edition being the last one before Christmas, we'll seize this opportunity to mention that the Seniors Christmas dinner is back as well! This event will take place in late November at the Stratford Town Centre. Limited tickets will be available to Stratford and Area seniors to come and enjoy a complimentary dinner. Due to health regulations, we are unable to provide take-out dinners and appreciate your understanding. Please watch our Facebook page for more details!

Each and every dollar we raise through our projects goes back into the community. This year, funds raised went to QEH (\$3000), IWK (\$1000), School Bursary program (\$750), School Breakfast program (\$1700), youth sports and organizations (\$3300), charitable causes (\$3000), and lastly, \$2700 was donated to various individuals in the community who required off-island medical treatment or a helping hand. We keep all individual information in strict confidence. With that being said, we can be contacted by email at stratford.area.lions@hotmail.com or through Facebook if you are a resident of Stratford and area and need assistance.

Do you have extra time in your life and a need to help others? We would love to talk to you about becoming a Lion! We meet twice monthly and there are several projects throughout the year that we could use your help with! The overwhelming feeling of generosity and pride within will grow knowing you make a difference in our community and have fun while doing it! Please feel free to contact our president Donnie Maclean at 902-393-2264, any Lion members, or email us at stratford.area.lions@hotmail.com. We look forward to hearing from you – our motto is "WE SERVE"!

Respectfully submitted by
Mae Bovyver, Club Secretary



STRATFORD BUSINESS

The Town of Stratford is pleased to welcome many new businesses over the past few months. Please support businesses in our community whenever you get a chance as you shop, play, and explore!

- Divine Haven Relaxation Spa
- Lone Oak Fox Meadow
- Mezza Lebanese Kitchen
- SPINCO

Think Local.
Spend it here to keep it here.

THINK!
STRATFORD!

COMMUNITY GROUPS

> Go!PEI



A community-based program that encourages Islanders to get active and eat healthy! Go!PEI provides programming in all 7 partnered communities across Prince Edward Island to support Islanders in making a healthy lifestyle change. The five main pillars of Go!PEI include walking, running, biking, hiking and healthy eating. We are currently recruiting volunteers who wish to get involved with GO PEI in program delivery. Please contact Rachel Arsenault at rsenault@townofstratford.ca

> Big Brothers Big Sisters of PEI



What if you could take a recess from your busy life and help a child succeed at the same time? Spend an hour a week with a child at their school helping them reach their full potential. You can build a child's self-esteem and confidence while having fun playing games, making crafts, or just chatting. Mentors of all ages are needed in the Stratford area, so volunteer today! To find out more, find us online at www.bbbspei.ca, email info@bbbspei.ca or call 902-569-KIDS.

> Stratford Community School



For any questions or information about the Stratford Community School, please contact Kathy Livingstone at (902) 569-3098 or stratfordcommunityschool@gmail.com.

> Canadian Tire Jump Start



Canadian Tire Jump Start is a charitable program created by the Canadian Tire Jump Start Charities to help kids in need (ages 4 to 18), participate in organized sport and recreation programs. Canadian Tire Jump Start helps by providing funds to help offset the cost of registration fees and equipment for recreation like swim passes, bowling passes, dance lessons, Scouts and Girl Guides, etc.

To apply, please contact one of the following organizations: Kidsport PEI at (902) 368-4110 or Recreation PEI at (902) 892-6445 or visit <http://jumpstart.canadiantire.ca/en.html>

> Kidsport Fund

The Kidsport Fund is a program offered through Sport PEI to ensure that no child is left out of organized sport due to lack of finances. For more information or to apply, call 902-368-4110 or 1-800-247-6712. Visit <http://www.kidsportcanada.ca/prince-edward-island/> or drop into the Sport PEI Office at 40, Enman Crescent in Charlottetown.



> Special Olympics PEI



Special Olympics PEI is a non-profit, charitable, sport organization. We provide year-round opportunities for individuals with an intellectual disability to participate in sport. Programs are available for athletes of all ages (starting as young as 2 years old) and abilities, in either the Community Sport Program stream (non-competitive) or the Competitive Sport Program stream (various sports offered). If you or someone you know is interested in getting involved as an athlete, coach or volunteer, or for more information, contact us at our Charlottetown office at (902) 368-8919 or by email at sopei@sopei.com or check out our website at www.sopei.com.

> Stratford Scout Group



Our mission is to help develop well rounded youth better prepare for success in the world. We do this by following the Scout Method which uses non-formal educational methods to engage youth in the process of their own development, giving them program activities, guidance, and tools to help them become self-reliant, confident, caring, responsible and committed to the world around them. For more information, please contact Steve Ellis at peislander1@hotmail.com or call 902-218-4885.

We are also in need of volunteers to help at our meetings. If you have a love of the outdoors and/or a love of working with youth we would love to have you! To register a Scout or to volunteer visit: www.myscouts.ca.

> Seniors College of Prince Edward Island



Recently retired? Interested in meeting new people and learning new things? Seniors College of Prince Edward Island is what you are looking for. For an annual fee of \$170, anyone over fifty can enjoy an unlimited array of courses spanning three semesters. With no academic requirements and no exams, with lots of opportunities to socialize, it's learning just for the fun of it!

A full list of our programming for 2023-2024 is available on www.seniorscollege.ca. Registration opens Wednesday, September 6, 2023, at 9am. We look forward to welcoming new and returning members. If you have any questions, we can also be reached by email at seniorscollege@pei.ca or by phone at 902-894-2867.

> Support Group

Pulmonary fibrosis has a support group for anyone dealing with this disease.

We meet on the second Sunday of each month at 1pm at the Stratford Town Centre. Please feel free to call 902-626-7014 for more information.

> Mayflower Seniors Club

The Mayflower Seniors Club was formed in 1986 by a small group of Stratford seniors and has since grown to over 100 members. If you are 55+ and enjoy meeting and engaging with like-minded people from Stratford and surrounding area, please consider joining the Mayflower Seniors Club. The annual membership fee is \$10.00 per person. Monthly meetings are held every second Monday at 1:30 p.m. from September to June.

Mondays:

Crafts at 9am
Bocce Ball (Mayflower version) at 1pm *no Bocce Ball on meeting days*

Tuesdays:

Cards 45's at 1:30pm

COMMUNITY GROUPS

Wednesdays:

Line Dancing at 9am
Crib at 7:30pm

Thursdays:

Guitar Jam at 7pm (Oct-May)

Fridays:

Crokinole at 7:30pm

Every second Sunday of the month:

Ceilidh at 7pm

New this coming September will be a Games Afternoon starting September 14 at 1:30 pm. A variety of board games will be offered. If you have a special event coming up (Birthday, anniversary, etc.) the Mayflower Seniors Room at Robert Cottton Centre (on Bunbury Road) is available for rent.



Joyce Dixon receiving The Lifetime Membership Award from Debbie Mullen-Campell, President of the PEI Senior Citizens Federation.

STRATFORD DOG PARK

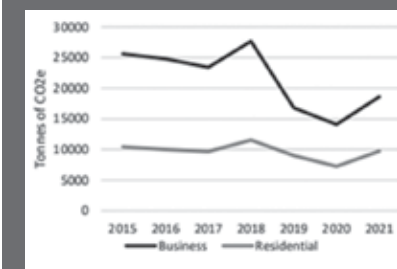


Equipped with agility toys, benches and a picnic table, the Dog Park is available to all residents and their pets free of charge. Users are asked to clean up after their pets and to respect park rules.

Opening hours: 10am - 10pm

INTERESTING FACT!

Despite Stratford's total electricity use steadily rising, overall emissions have fallen. This graph shows Stratford's commercial and residential emissions from electricity, which highlights why transitioning to electricity is essential. Solar and wind installations will continue to reduce emissions on a community-wide scale.



Town of Stratford has released its updated 2021 Greenhouse Gas Inventory. To learn more about it, please visit our website!

HEALTH & WELLNESS



FIRE DEPARTMENT 50/50 FUNDRAISING DRAW

Fire departments across PEI have joined up for a weekly 50/50 fundraising draw. Please support the Cross Roads Fire Department by selecting them from the dropdown menu when purchasing your weekly tickets at <https://rafflebox.ca/raffle/peifirefighters>

50/50

EVERY WEEK

> Island Karate Club



The Island Karate Club will be opening registration for new members this September for the 2023/2024 karate season. Member of Karate PEI, Karate Canada, and Tsuruoka Karate-Do, we follow the teachings of O'Sensei Masami Tsuruoka, founder of modern karate in Canada. Classes are on Monday and Thursday nights at Our Lady of the Assumption Parish Hall (145 Stratford Road, Stratford). Please contact Sensei Kirk Dalziel at kdalziel@upe.ca. You can find more information on our website www.islandkarate.com or our Facebook Page at Island Karate Club.

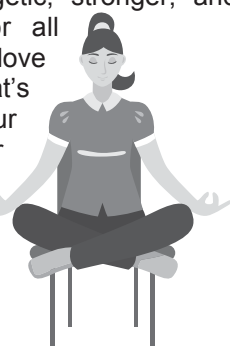


> Shake It Up Line Dancers

Tuesdays: 6:30pm - 8pm
Your requirements to participate: a love of music (which we offer through a mixture of rock 'n roll, country, pop, Latin, and everything in between). Come out and meet new friends and we promise you'll have a good (fun) workout. Everyone is welcome! There is a small fee charged. For more information or to register, contact Karen at 902-569-8516 or carynhop@hotmail.com.

> Chair Yoga/Stretch & Tone

Feel more energetic, stronger, and more flexible for all the things you love to do, whether that's playing with your grandchildren or strolling along the Riviera. Using body weight and light equipment to create strength,



balance and mobility, movements are done seated and/or standing with the option to use a chair (bring your own stretch band). Open to VPs (vintage persons) of all levels. All sessions are 4 weeks. To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.

Tuesdays at 11:00am
Session 1: starts October 3, 2023
Session 2: starts October 31, 2023
Session 3: starts November 28, 2023

> 20/20/20 (cardio/strength/stretch)

20 minutes each of cardio, strength and stretch. Fun, energetic low impact moves to some great music to increase your endurance and coordination. Improve your strength, endurance and balance using light equipment and body weight. Total body stretch to relax and improve flexibility (bring your own stretch band and mat). Open to active VPs (vintage persons). All Sessions are 4 weeks. To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.

Tuesdays at 9:30am
Session 1: starts October 3, 2023
Session 2: starts October 31, 2023
Session 3: starts November 28, 2023

> Cardio Pump

Low Impact Party – move to music! You'll get an amazing fun cardio workout followed by total body strength, mobility and balance training using bands, dumb bells, and small balls (bring your own stretch band and mat). Geared toward active VPs (vintage persons). All Sessions are 4 weeks. To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.

Thursdays at 9:30am
Session 1: starts October 5, 2023
Session 2: starts November 2, 2023
Session 3: starts November 30, 2023

HEALTH & WELLNESS

> Gentle Flow Yoga

A relaxing form of Hatha Yoga to increase flexibility, balance, mobility, and functional strength. Focus on breath with movement to bring mind and body together. Includes mat warm up and standing flow (bring your own mat). All levels. Sessions are 4 weeks. To register, please contact Joan at 902-213-6187 or email her at bfitjv42@icloud.com.



Thursdays at 11:00am
Session 1: starts October 5, 2023
Session 2: starts November 2, 2023
Session 3: starts November 30, 2023

> Privateers Football Club

The Privateers Football Club fields numerous teams playing tackle football in U12, U14, U16, and U18 divisions; also offering Spring Flag Teams for ages U10 through U18. The Privateers tackle program includes youth from the Charlottetown and Stratford areas. Each of the teams has a knowledgeable and caring coaching staff dedicated to, not only teaching sport specific skills, but valuable life lessons such as teamwork, leadership, and self-confidence.



NO experience is required. New players are encouraged to join us for Off Season training indoors at the Norton Diamond Soccer Complex [fees apply]. Registration fees include health insurance coverage and the necessary equipment, with the exception of a pair of cleats and a mouth guard. To register or for further information, please visit FootballPEI.ca/members/Charlottetown/.

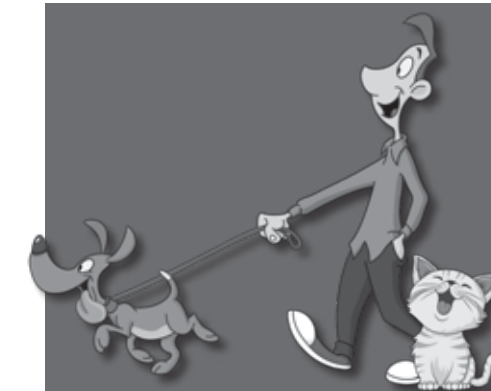
> Dance Stars Academy

Dance Stars Academy is dedicated to creating a safe and fun space for dancers (for ages 18 months and up) of any interest level, recreational to pre-professional! We offer certified and accredited syllabus instruction in:

- ADAPT Jazz & Tap
- Acrobatic Arts/AcroDance Teachers Association Acrodance
- Baton Arts
- Vaganova Ballet/Progressing Ballet Technique

New Program:
• Dance Cirque (free trials for children 5+ years old) Includes: Interactive circuits, lyra, silks, trapeze, juggling, hula hoops and more all under the supervision of our fully qualified teachers.

Visit our website www.dancestaraacademy.com to sign up for a free trial class!



BE NEIGHBOURLY AND ENSURE YOUR PET IS NOT BEING A NUISANCE TO YOUR NEIGHBOURS!

Pet owners should refrain from letting their pets visit the yards of those around them, whether while on a walk or by leaving them to wander on their own.

Please respect your neighbours and find ways to keep your pet on your own property. Don't forget that is against our bylaw to allow your dog to be off leash anywhere except for the owner's property or the Town's dog park. This includes all our parks and trails.

Cleaning up after your dog is also part of being a responsible dog owner. Please dispose of the dog poop bag in the garbage – these do not compost and are NEVER to be left along the side of roads, trails, and sidewalks!

THANK YOU FOR YOUR
COOPERATION!

VOLUNTEER

AT THE STRATFORD COMMUNITY FRIDGE

Email Gifts from the Heart at bettybegg@gmail.com to learn more and volunteer!






YOUR TOWN OF STRATFORD QUICK REFERENCE GUIDE

INQUIRY	WHO SHOULD YOU CALL...	CONTACT INFO	NOTES
Road Repairs & conditions, snowplow inquiries, report damage caused by a snowplow, culvert and ditch inquires	Provincial Government - Department of Transportation and Infrastructure	902-368-4770 or email roads@gov.pe.ca	Roads, ditches, and sides of roads are owned and operated by the province (D.O.T.) (excludes private roads)
Wildlife Related Inquires	Provincial Government - Department of Environment, Energy and Climate Action, Forests, Fish and Wildlife Division	902-368-5000 and select option 3	The Town of Stratford staff is not trained in wildlife removal
Public Transit Services and Schedules	T3 Transit	902-566-9962	Passes can be purchased in Stratford at: Murphy's Pharmacy, Shoppers Drug Mart, and the Town of Stratford main office
Garbage Collection inquiries and to request garbage bins	Island Waste Management (IWMC)	1-888-280-8111	
Animal Control	PEI Humane Society	902-892-1190	
Safety concerns, speeding, noise issues, open burning, and trespassing	RCMP	902-367-9300	Please call the RCMP when the situation is happening. Provide helpful information such as; License plate numbers, vehicle descriptions, name of company on a vehicle, house numbers, specific times and locations.
Program Registration, Facility Bookings and gym inquiries	Town of Stratford - Recreation Department	902-569-6250	
Stratford's Public Library	Provincial Government - Stratford Public Library	902-569-7441	
Utility Bill Inquires and Payments	Town of Stratford - Finance Department	902-367-3228 or 902-569-6258	
Building Permits and Inquiries	Town of Stratford - Planning Department	902-569-6255	
Maintenance inquires related to: Parks, Trails and Outdoor Rinks	Town of Stratford - Recreation Department	902-626-6834	
Property Tax Inquiries	The Provincial Government - Property and Land Taxes Office	902-368-4070	
Streetlight not Working	Maritime Electric	1-800-670-1012 and select option 5	All streetlight poles are numbered. This number is required when reporting an issue
Requests for additional streetlights	Town of Stratford - Public Works Department		To request additional street lighting, you are required to submit a Request for Decision Form, located on the Town's website.
School Related Inquiries	Public School Branch, PEI	902-368-6990	Although the Town and the Public Schools Branch are in the same building, they are separate offices
Pesticide Spraying Inquires	Provincial Government - Department of Environment, Energy and Climate Action		
Temporary Speed Hump Requests	Town of Stratford - Public Works Department		Residents are required to submit these requests in writing. Please provide reason for the request, name, address and phone number
Permanent Speed Hump Requests	Town of Stratford - Public Works Department		
Manhole - Grated Covers	Provincial Government - D.O.T.	902-368-4770	Managed by Provincial Government - D.O.T.
Manhole - Solid Covers	Town of Stratford Water and Sewer Utility	902-940-2189	Managed by Town of Stratford Water and Sewer Utility
Crosswalks lights and traffic lights	Provincial Government - D.O.T.	902-368-4770	Please contact department directly to report issues.

Are you interested in connecting with other Stratford seniors?

Download the Stratford Connects app today!

Visit our website www.townofstratford.ca for more info!

Stratford Connects

Funded in part by the Government of Canada's New Horizons for Seniors Program

YOUR VOICES ARE IMPORTANT TO US!

RESIDENT ENGAGEMENT OPPORTUNITIES

The Town of Stratford is inviting residents who would like to provide input into upcoming projects and activities to apply for our resident engagement opportunities.

If you would like to be considered, please visit our website (www.townofstratford.ca) and fill out our Resident Engagement Application Form.

Take the Bus

Adult
One way fare \$2
Sheet of 10 adult tickets \$18
Monthly pass \$45

Student
Monthly pass \$35

Children
18 and under ride FREE!

Transit passes and adult tickets available at:
Shoppers Drug Marts • T3 Transit/Maritime Bus - 7 Mt. Edward Rd.*
Charlottetown City Hall* • Cornwall Town Hall • Stratford Town Hall*

* Available at
Murphy's Parkdale Pharmacy,
Shoppers Drug Mart Queen Street
and from bus #5 driver.

566-9962 (ext. 105)
www.t3transit.ca

These rates are made possible throughout 2022 with funding from the Province of Prince Edward Island



FALL FEST

Celebration of Parks and Trails

September 22nd - 24th
Cotton Park (57 Bunbury Road)



Visit www.townofstratford.ca
or our social media pages to learn more!   